

## **REPORT ON THE MEGHALAYA STATE OPEN ARM-WRESTLING CHAMPIONSHIP 2025**

The **Meghalaya State Open Arm-Wrestling Championship 2025** was organised by the **Meghalaya Arm Wrestling Association** in collaboration with the **Sports Development Cell, Shillong College** held at the **Shillong College Indoor Sports Complex** from **29<sup>th</sup> September to 4<sup>th</sup> October 2025**.

The tournament brought together talented arm wrestlers from across the state, providing a competitive platform for athletes to demonstrate their strength, endurance, and technical skills. Representing Shillong College with determination and sportsmanship, the student participants delivered outstanding performances, securing several medals in different weight categories.

The medal winners are as follows:

- **Reilley Malcom Kharsyntiew** (5<sup>th</sup> Semester, Department of Economics)  
(60 kg Category) – **Gold Medal** (Right Hand) and **Gold Medal** (Left Hand).
- **Robbie George Paul Dkhar** (3<sup>rd</sup> Semester, Department of Political Science)  
(85 kg Category) – **Gold Medal** (Right Hand).
- **Nangroi Shullet** (3<sup>rd</sup> Semester, Department of Environmental Science)  
(65 kg Category) – **Gold Medal** (Left Hand) and **Bronze Medal** (Right Hand).
- **Parvati Yadav** (5<sup>th</sup> Semester, Department of Zoology)  
(60 kg Category) – **Gold Medal** (Left Hand).

The remarkable achievements of the student athletes reflect their dedication, perseverance, and commitment to sporting excellence. Their success is also a testament to the continuous encouragement and support provided by the institution in promoting sports alongside academic pursuits.

