

### Syllabus on Vocational Education and Training Course (VTC)

<b>Paper Title</b>	<b>: Beauty Care -I</b>							
<b>CODE</b>	<b>: VTC: 247.1</b>							
<b>Number of Credits</b>	<b>: 4</b>							
<b>Semester</b>	<b>: III</b>							
<b>No. of Theory Hours Per Week</b>	<b>: One (1 hour)</b>							
<b>No. of Practical Hours per Week</b>	<b>: Three (3 Hours)</b>							
<b>Outline of the Paper:</b>								
<b>Type of Course</b>	<b>Units in the VTC</b>	<b>Hours</b>	<b>Credits</b>	<b>Total Marks</b>	<b>Distribution of Marks (as per OC-8)</b>			
<b>Beauty Care -I</b>					<b>In-Semester</b>		<b>End-Semester</b>	
					<b>Theory</b>	<b>Practical</b>	<b>Theory</b>	<b>Practical</b>
	<b>Unit-I Theory (25 Marks)</b>	<b>15</b>			<b>25</b>			
	<b>Unit-II to IV Theory (75 Marks)</b>	<b>90</b>	<b>4</b>	<b>100</b>		<b>15</b>		<b>60</b>
<b>Marks Distribution</b>	<b>: Internal Assessment: 40</b>							
	<b>: External Assessment: 60</b>							
<b>Course Objectives</b>	<ol style="list-style-type: none"> <li>1. To enable students to recognize and adhere to professional ethics and conduct in the workplace, ensuring high standards of professionalism and integrity in all aspects of their work.</li> <li>2. To explain and equip students with various techniques of manicure and pedicure, promoting proper nail care and aesthetic enhancement.</li> <li>3. To enable students to apply skills in threading, bleaching, facials, and waxing, offering a range of beauty treatments to meet client needs effectively.</li> <li>4. To demonstrate the skills required for comprehensive hair care, including various hair treatments, to maintain and improve hair health and appearance.</li> </ol>							
<b>Course Learning Outcome</b>	<p>Students will be able to</p> <ol style="list-style-type: none"> <li>1. recognise professional ethics and professional conduct in the work place</li> <li>2. explain and equip themselves with the various technique of manicure and pedicure</li> <li>3. apply the skill of threading, bleaching, facial and waxing</li> <li>4. demonstrate the skill for hair care including hair treatment</li> </ol>							
<b>Unit I: (Theory) 15 Hours</b>	<p><b>Personal Development for beautician and Introduction to Beauty care (Theory)</b></p> <ul style="list-style-type: none"> <li>• Professional Outlook, Personal Grooming, Professional Ethics and Communication Skills</li> <li>• Threading and Bleach - Types, Side effects and Remedial measures</li> <li>• Facial - Types, Types of Skin, Phases of massages, Side effects and Remedial measures. Waxing - Types of wax,</li> </ul>							

	<p>Types of waxing, Preparation of wax and Testing</p> <ul style="list-style-type: none"> <li>• Importance of hair care, Types of hair, Factors affecting hair growth, Hair problems</li> </ul>
<b>UNIT-II: (Practical) 30 Hours</b>	<p><b>Introduction to basic Beauty care (Practical):</b></p> <ul style="list-style-type: none"> <li>• Threading - Materials required, Methods</li> <li>• Bleach –Trolley setting, Materials required, Methods</li> <li>• Facial - Materials required, Method,</li> <li>• Waxing - Methods of applying wax- hand, leg and underarm waxing, Methods of Epilation and Depilation.</li> </ul>
<b>UNIT-III: (Practical) 30 Hours</b>	<p><b>Manicure and Pedicure (Practical):</b></p> <ul style="list-style-type: none"> <li>• Types of pedicures and manicure</li> <li>• Manicure and pedicure techniques</li> <li>• Nail Art: Different methods of nail art, types of nail polish, application and their methods.</li> <li>• Mehendi: Introduction, preparation of Mehendi paste, Mehendi cone preparation and Technique of application - hands and legs.</li> </ul>
<b>UNIT-IV: (Practical) 30 Hours</b>	<p><b>Hair Care (Practical)</b></p> <ul style="list-style-type: none"> <li>• Scalp massage - Materials required and Procedure and Technique</li> <li>• Shampooing and rinsing- Types of shampoo and their uses, Application and Technique, Types of rinses and methods of rinsing</li> <li>• Hair conditioning – Types of Hair conditioner, Application and Technique</li> <li>• Hair Treatment</li> </ul>
<b>Suggested Readings</b>	<ol style="list-style-type: none"> <li>1. Burne, Deborah. The Beauty Geek's Guide to Skin Care: 1,000 Essential Definitions of Common Product Ingredients. Rockridge Press, 2019</li> <li>2. Coetzee, Bronwyn. Manicure &amp; Pedicure: A Complete Guide to Beautiful Hands and Feet. Kindle Editions 2015</li> <li>3. Essential Beauty Guide. Goodwill Publishing House 2001</li> <li>4. Gupta, Renu. Complete Beautician course. New Delhi, Diamond pocket books Pvt Ltd, 2001</li> <li>5. Husain, Shanaz. Shahnaz Husain's Beauty Book, Orient Paperbacks, 2014</li> <li>6. Johnson, Dale H. Hair and Hair Care. New York: Marcel Decker Inc, 1997</li> <li>7. Kochar, Blossom. Hair, Skin and Beauty Care 9 The complete body Book. New Delhi: VBSPD/VBS Publishers Distributors Ltd 2000</li> <li>8. Paudwal, Madhumita. Practical Guide to Beautician Training. New Delhi: Asian Publishers, 2002</li> <li>9. Saikia, Madhumita. Basic Beautician Training Course. Computech Publications Limited, 2019</li> </ol>

	<p>10. Sinha, M, Rajgopal and Banerjee. S. All You Wanted To Know About Hair Care. New Delhi: Sterling Publishers Pvt. Ltd, 2000</p> <p>11.</p>
<p><b>Requirements</b></p>	<p><b>Threading</b></p> <ul style="list-style-type: none"> <li>• Thread (antibacterial and hypoallergenic)</li> <li>• Tweezers</li> <li>• Threading scissors</li> <li>• Disinfectants and sterilization equipment</li> </ul> <p><b>Bleach</b></p> <ul style="list-style-type: none"> <li>• Bleach creams and powders</li> <li>• Mixing bowls and applicators</li> <li>• Trolley for organization</li> <li>• Protective gear (gloves, masks)</li> <li>• Aftercare products (soothing creams, lotions)</li> </ul> <p><b>Facial</b></p> <ul style="list-style-type: none"> <li>• Cleansers, toners, and moisturizers</li> <li>• Facial masks and scrubs</li> <li>• Massage creams and oils</li> <li>• Steamers and facial towels</li> <li>• Sponges and cotton pads</li> <li>• Facial beds/chairs</li> </ul> <p><b>Waxing</b></p> <ul style="list-style-type: none"> <li>• Wax heaters</li> <li>• Different types of wax (soft, hard, strip)</li> <li>• Wax applicators (spatulas)</li> <li>• Waxing strips</li> <li>• Pre-wax and post-wax care products</li> </ul> <p><b>Manicure and Pedicure</b></p> <ul style="list-style-type: none"> <li>• Manicure and pedicure kits (nail files, buffers, clippers, cuticle pushers)</li> <li>• Bowls for soaking</li> <li>• Foot baths and spas</li> <li>• Exfoliating scrubs</li> <li>• Lotions and creams</li> </ul> <p><b>Nail Art</b></p> <ul style="list-style-type: none"> <li>• Nail polishes (various types and colors)</li> </ul>

	<ul style="list-style-type: none"> <li>• Nail art brushes and tools</li> <li>• Stencils and stickers</li> <li>• UV/LED nail lamps for gel polish</li> </ul> <p><b>Mehandi</b></p> <ul style="list-style-type: none"> <li>• Henna powder</li> <li>• Mixing bowls and spoons</li> <li>• Mehandi cones</li> <li>• Design stencils and instructional guides</li> </ul> <p><b>Hair Care</b></p> <p><b>Scalp Massage</b></p> <ul style="list-style-type: none"> <li>• Massage oils and creams</li> <li>• Scalp massagers and brushes</li> <li>• Towels and capes</li> </ul> <p><b>Shampooing and Rinsing</b></p> <ul style="list-style-type: none"> <li>• Various types of shampoos and conditioners</li> <li>• Rinsing bowls or salon sinks</li> <li>• Applicator bottles</li> </ul> <p><b>Hair Conditioning</b></p> <ul style="list-style-type: none"> <li>• Different hair conditioners</li> <li>• Leave-in conditioners and hair masks</li> <li>• Heat caps and steamers</li> </ul> <p><b>Hair Treatment</b></p> <ul style="list-style-type: none"> <li>• Treatment-specific products (anti-dandruff, anti-hair fall)</li> <li>• Applicators and mixing bowls</li> <li>• Towels and capes</li> </ul> <p><b>Any other item as and when required</b></p>
<p><b>Qualified Instructors</b></p>	<ul style="list-style-type: none"> <li>• Qualified instructors with experience in beauty care</li> <li>• Guest lecturers or industry professionals for specialized sessions</li> <li>• Ensure instructors have or receive training in effective teaching methods.</li> </ul>

<b>Paper Title</b>	<b>: Beauty Care -II</b>							
<b>CODE</b>	<b>: VTC: 267.1</b>							
<b>Number of Credits</b>	<b>: 4</b>							
<b>Semester</b>	<b>: IV</b>							
<b>No. of Theory Hours Per Week</b>	<b>: One (1 hour)</b>							
<b>No. of Practical Hours per Week</b>	<b>: Three (3 Hours)</b>							
<b>Outline of the Paper:</b>								
<b>Type of Course</b>	<b>Units in the VTC</b>	<b>Hours</b>	<b>Credits</b>	<b>Total Marks</b>	<b>Distribution of Marks (as per OC-8)</b>			
<b>Beauty Care-II</b>	<b>Unit-I Theory (25 Marks)</b>	<b>15</b>	<b>4</b>	<b>100</b>	<b>In-Semester</b>		<b>End-Semester</b>	
					<b>Theory</b>	<b>Practical</b>	<b>Theory</b>	<b>Practical</b>
	<b>Unit-II to IV Theory (75 Marks)</b>	<b>90</b>				<b>15</b>		<b>60</b>
<b>Marks Distribution</b>			<b>: Internal Assessment: 40</b>					
			<b>: External Assessment: 60</b>					
<b>Course Objectives</b>			<ol style="list-style-type: none"> <li>1. To enable students to identify hair anatomy, hair types and conditions</li> <li>2. To enable students to recognize hair and scalp disorders and implement massage techniques</li> <li>3. To enable students to develop proficiency in hair cutting and hair styling techniques</li> <li>4. To choose appropriate hair colour and make use of colouring techniques</li> </ol>					
<b>Course Learning Outcome</b>		<b>Learning</b> At the end of the course students will be able to: <ol style="list-style-type: none"> <li>1. explain the anatomy of hair and to identify hair conditions, and different hair types.</li> <li>2. identify hair and scalp disorder and the influencing factors that may cause damage to the hair and equip oneself with various massage technique</li> <li>3. make use of skills relating to hair cutting and hair styling techniques</li> <li>4. describe the classification of hair colour and as well as colouring techniques</li> </ol>						
<b>Unit I: (Theory) 15 Hours</b>		<b>Introduction to Hair care (Theory)</b> <ul style="list-style-type: none"> <li>• Anatomy and physiology of hair, Hair analysis, Structure of hair and Layers of Hair</li> <li>• Benefits of hair spa and Precautions</li> <li>• Study of profiles, Hair shaping and cutting implements and their uses, Different types of sectioning and patterns making.</li> <li>• Basic law of colour, classification of hair colour, allergy test and precaution, hair dyeing (Herbal &amp; Chemical)</li> </ul>						

<b>UNIT-II: (Practical)</b> <b>30 Hours</b>	<b>Scalp Massage and Hair Spa (Practical)</b> <ul style="list-style-type: none"> <li>• Identifying client's hair and scalp condition</li> <li>• Procedure of hair spa and Massage manipulation</li> <li>• Hair Spa for - dandruff, oily scalp, coloured hair, hair smoothing and itchy scalp</li> <li>• Massage techniques: Effleurage, petrissage, tapotement, rotary, vibration, friction, champissage</li> </ul>
<b>UNIT-III: (Practical)</b> <b>30 Hours</b>	<b>Hair Cutting and Hair styling (Practical)</b> <ul style="list-style-type: none"> <li>• Types of cutting to suit the texture (fine, curly, straight, wavy and course hair).</li> <li>• Types and technique of haircuts- trimming, blunt-cut, layered, cutting &amp; tapering</li> <li>• Basic hairstyle - Open Hair Styles, Semi-Tied &amp; Up styles, Bridal Hair Dos, Party Hairdos, Sleep-in Looks, Ringlets and Plaits</li> <li>• Types of hairstyling -Thermal styling, Wet styling, Roller Setting and Artificial Aids, Technique of Hair styling: Rolls, twists, braiding, Roller setting, Blow drying, Comb out techniques,</li> </ul>
<b>UNIT-IV: (Practical)</b> <b>30 Hours</b>	<b>Hair colouring and tinting (Practical)</b> <ul style="list-style-type: none"> <li>• Examination of scalp and hair: Skin test, colour or dye selection, Sectioning the hair, application of hair, colour or dye, conditioning and setting.</li> <li>• Colouring techniques – frosting, tipping, slicing, foil technique, comb technique, global colouring.</li> <li>• Types and techniques of crimping</li> <li>• Pre and post treatment</li> </ul>
<b>Suggested Readings</b>	<ol style="list-style-type: none"> <li>1. Claude Bouillon and John Wilkinson. The Science of Hair Care, Taylor &amp; Francis, 2005</li> <li>2. Goldman, D. The Professional's Illustrated Guide to Haircare &amp; Hairstyles, Lorenz Books, 2010</li> <li>3. Johnson, Dale H. Hair and Hair Care. New York: Marcel Decker Inc, 1997</li> <li>4. Kochar, Blossom. Hair, Skin and Beauty Care. New Delhi: VBSPD/VBS Publishers Distributors Ltd 2000</li> <li>5. Meenakshi Sinha, Reena Rajgopal, Suchismita Banerjee. All You Wanted to Know About Hair Care, New Delhi: Sterling Publishers Pvt. Ltd., 2000</li> <li>6. Parott. Hairstyles Coloring Book, Notion Press 2022</li> <li>7. Paudwal, Madhumita. Practical Guide to Beautician Training. New Delhi: Asian Publishers, 2002</li> <li>8. Regan Peter. Hair Colour Book: A Practical Guide To The Theory Of Colouring Hair. Kindle Edition 2018</li> <li>9. Worthington, C. The Complete Book of Hairstyling., Carlton Books Ltd, 2001</li> </ol>
<b>Requirements</b>	<b>Hair Spa</b> <ul style="list-style-type: none"> <li>• Hair spa products (shampoos, conditioners, masks)</li> <li>• Massage oils and creams</li> </ul>

	<ul style="list-style-type: none"> <li>• Towels and capes</li> </ul> <p><b>Hair Cutting and Hair Styling</b></p> <ul style="list-style-type: none"> <li>• High-quality hair cutting scissors</li> <li>• Thinning shears</li> <li>• Razors</li> <li>• Combs and sectioning clips</li> </ul> <p><b>Basic Hairstyle Techniques</b></p> <ul style="list-style-type: none"> <li>• Hair styling products (gels, sprays, mousses)</li> <li>• Hair accessories (pins, bands, clips)</li> <li>• Tools for creating different styles (curling irons, flat irons, rollers)</li> <li>• Instructional materials for various styles (open hairstyles, semi-tied styles, bridal hairdos, party hairdos, sleep-in looks, ringlets, and plaits)</li> </ul> <p><b>Examination of Scalp and Hair</b></p> <ul style="list-style-type: none"> <li>• Skin test kits</li> <li>• Color or dye selection charts</li> <li>• Sectioning clips and combs</li> </ul> <p><b>Colouring Techniques</b></p> <ul style="list-style-type: none"> <li>• Hair coloring products (frosting, tipping, slicing, foil technique, comb technique, global coloring)</li> <li>• Applicators (brushes, bowls)</li> <li>• Protective gear (gloves, capes)</li> <li>• Conditioning and setting products</li> </ul> <p><b>Types and Techniques of Crimping</b></p> <ul style="list-style-type: none"> <li>• Crimping tools and irons</li> <li>• Instructional guides on crimping techniques</li> </ul> <p><b>Pre and Post Treatment</b></p> <ul style="list-style-type: none"> <li>• Pre-treatment products (scalp protectors, primers)</li> <li>• Post-treatment products (conditioners, serums)</li> <li>• Care instructions for colored and treated hair</li> </ul>
<b>Qualified Instructors</b>	<ul style="list-style-type: none"> <li>• Qualified instructors with experience in hair care and styling</li> <li>• Guest lecturers or industry professionals for</li> </ul>

	<p>specialized sessions</p> <ul style="list-style-type: none"><li>• Ensure instructors have or receive training in effective teaching methods.</li></ul> <p><b>Any other item as and when required</b></p>
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<b>Paper Title</b>	<b>: Beauty Care III</b>							
<b>CODE</b>	<b>: VTC: 367.1</b>							
<b>Number of Credits</b>	<b>: 4</b>							
<b>Semester</b>	<b>:VI</b>							
<b>No. of Theory Hours Per Week</b>	<b>: One (1 hour)</b>							
<b>No. of Practical Hours per Week</b>	<b>: Three (3 Hours)</b>							
<b>Outline of the Paper:</b>								
<b>Type of Course</b>	<b>Units in the VTC</b>	<b>Hours</b>	<b>Credits</b>	<b>Total Marks</b>	<b>Distribution of Marks (as per OC-8)</b>			
<b>Basic Beauty Care-III</b>					<b>In-Semester</b>		<b>End-Semester</b>	
					<b>Theory</b>	<b>Practical</b>	<b>Theory</b>	<b>Practical</b>
	<b>Unit-I Theory (25 Marks)</b>	<b>15</b>			<b>25</b>			
	<b>Unit-II to IV Theory (75 Marks)</b>	<b>90</b>	<b>4</b>	<b>100</b>		<b>15</b>		<b>60</b>
<b>Marks Distribution</b>	<b>: Internal Assessment: 40</b> <b>: External Assessment: 60</b>							
<b>Course Objectives</b>	<ol style="list-style-type: none"> <li>1. To enable students to identify and explain various skin care problems, such as acne, dryness, and sensitivity, and describe basic skin care methods to address these issues effectively.</li> <li>2. To enable students to develop and equip oneself with techniques for effective facial cleansing and facial massage, promoting healthy skin and relaxation.</li> <li>3. To enable students to gain proficiency in applying different types of facial makeup, including foundation, eyeshadow, and lipstick, to enhance facial features and create desired looks.</li> <li>4. To enable students to discover and describe different types of spa therapies and massage techniques, learning how they contribute to overall wellness and skin health.</li> </ol>							
<b>Course Outcome</b>	<b>Learning</b>	At the end of the course students will be able to <ol style="list-style-type: none"> <li>1. identify and explain the various skin care problems and describe the basic skin care methods</li> <li>2. develop and equip themselves with the techniques of facial cleansing and facial massage</li> <li>3. make use of skills relating to facial make-ups</li> <li>4. discover different types of spa therapies and massage techniques</li> </ol>						
<b>Unit I: (Theory)</b> <b>15 Hours</b>	<b>Introduction</b> <ul style="list-style-type: none"> <li>• Importance of skin care, Factors affecting skin condition, skin analysis, Basic skin care methods Natural and artificial</li> <li>• Classification &amp; identification of common skin problems, Skin type and treatment, Types of Natural cleanser,</li> </ul>							

	<p>importance and types of Toners</p> <ul style="list-style-type: none"> <li>• Types of facial, Facial masks- Benefits and contraindications, Types of Make-up</li> <li>• SPA products and knowledge, Product Testing, Efficacy, Shelf Life, Storage, Contamination and Allergies, Types of massage Therapy, benefits of massage and its precautions</li> </ul>
<b>UNIT-II: (Practical) 30 Hours</b>	<p><b>Cleansing and Facial</b></p> <ul style="list-style-type: none"> <li>• Types of Cleanser, Techniques of cleansing for different skin types</li> <li>• Techniques used in Plain facial, Vegetable peel facial, Gauze facial, Paraffin mask treatment, High frequency facial, Ozone facial, Galvanic facial, Thermo herb facial, Aroma facial, Gold and silver facial.</li> <li>• Knowledge and use of machines in facial</li> <li>• Pack and mask- Preparation of pack and mask, Techniques of applying face pack and mask</li> </ul>
<b>UNIT-III: (Practical) 30 Hours</b>	<p><b>Make-up</b></p> <ul style="list-style-type: none"> <li>• Color Wheel, Skin tones, Brow shaping</li> <li>• Selection of cosmetics -Foundation Gel, Moisturizer, Face powder, Face compact, Concealer, Blusher, Eye shadow and lipstick</li> <li>• Selection of Tools - Different types of brushes, Make-up products, Selection of Sponges</li> <li>• Techniques of applying Make-up- Day make-up, Evening Make-up, Party Make-up, Bridal Make-up and special effects make-up</li> </ul>
<b>UNIT-IV: (Practical) 30 Hours</b>	<p><b>SPA</b></p> <ul style="list-style-type: none"> <li>• SPA therapies - Acupressure, Acupuncture, Colon therapy, Ear Candling</li> <li>• SPA products and its uses - Essential Oils, Aromatic Oils, Body Scrubs, Body Wraps, Active Ingredients, Carrier Oil &amp; Base Creams, Pre blended oils, pre-blended creams, Soaps, lotions.</li> <li>• Seasonal SPA therapy - winter, spring, summer, and autumn</li> <li>• Massage Techniques and procedure</li> </ul>
<b>Suggested Readings</b>	<ol style="list-style-type: none"> <li>1. Baumann, Leslie. The Skin Type Solution, Bantam, 2006</li> <li>2. Baxi, Nishant. Massage Therapy, Notion Press, 2023</li> <li>3. Brown, Bobbi. Makeup Manual, Grand Central Life &amp; Style, 2011</li> <li>4. Goroway, Patricia. Facial Fitness, Ergodebooks, 2006</li> <li>5. Handa, P. Speaking of Skin Care, New Dawn Press, 2007</li> <li>6. Reyna, G.M. How to Be a Professional Makeup Artist, Kindle Edition, 2013</li> </ol>

	<p>7. Shapiro, B. Skin Deep: Women on Skin Care, Makeup, and Looking Their Best, Harry N. Abrams, 2017</p> <p>8. Sharma, Rajiv. Skin And Hair Care, Delhi: Manoj Publications, 2017</p> <p>9. Steve Capellini, (2009), The Complete Spa Book for Massage Therapists, Cengage Learning Publishing</p> <p>10. Tezak, Edward. Successful Salon and Spa Management, Milady Publishing Co, 2011</p>
<p><b>Requirements</b></p>	<p><b>Cleansing and Facial</b></p> <p><b>Facial Techniques</b></p> <ul style="list-style-type: none"> <li>• Facial beds or chairs</li> <li>• Facial steamers</li> <li>• Machines for advanced treatments (galvanic, ozone)</li> <li>• Masks and treatment products (paraffin, high frequency)</li> </ul> <p><b>Pack and Mask - Preparation of Pack and Mask, Techniques of Applying Face Pack and Mask</b></p> <ul style="list-style-type: none"> <li>• Mixing bowls and spatulas</li> <li>• Ingredients for pack and mask preparation (clays, herbs)</li> <li>• Instructional guides on application techniques</li> </ul> <p><b>Make-up</b></p> <ul style="list-style-type: none"> <li>• Color wheels and charts</li> <li>• Makeup palettes (foundations, powders, blushes, eye shadows, lipsticks)</li> <li>• Eyebrow shaping tools (tweezers, eyebrow pencils)</li> </ul> <p><b>Selection of Cosmetics</b></p> <ul style="list-style-type: none"> <li>• Makeup brushes (various types for foundation, eye makeup, blush)</li> <li>• Sponges and applicators</li> <li>• Makeup products for different skin tones and types</li> </ul> <p><b>SPA</b></p> <p><b>SPA Therapies - Acupressure, Acupuncture, Colon Therapy, Ear Candling</b></p> <ul style="list-style-type: none"> <li>• SPA therapy equipment (acupressure mats, acupuncture needles, ear candles)</li> <li>• Safety and hygiene protocols for specialized therapies</li> </ul> <p><b>SPA Products and Their Uses</b></p> <ul style="list-style-type: none"> <li>• Essential oils, aromatic oils, carrier oils</li> </ul>

	<ul style="list-style-type: none"> <li>• Body scrubs, wraps, active ingredients</li> <li>• Pre-blended oils, creams, soaps, and lotions</li> </ul> <p><b>Seasonal SPA Therapy - Winter, Spring, Summer, and Autumn</b></p> <ul style="list-style-type: none"> <li>• Seasonal skincare products (moisturizers, masks)</li> <li>• Instructional materials on seasonal treatments</li> </ul> <p><b>Massage Techniques and Procedure</b></p> <ul style="list-style-type: none"> <li>• Massage tables or chairs</li> <li>• Massage oils and creams</li> <li>• Training on various massage techniques (swedish, deep tissue, aromatherapy)</li> </ul> <p><b>Any other item as and when required</b></p>
<p><b>Qualified Instructors</b></p>	<ul style="list-style-type: none"> <li>• Qualified instructors with experience in skincare, makeup, and spa therapies</li> <li>• Guest lecturers or industry professionals for specialized sessions</li> <li>• Ensure instructors have or receive training in effective teaching methods.</li> </ul>