

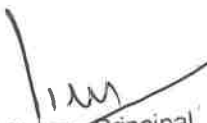
**5.3.1 Number of awards/medals for outstanding performance in sports/cultural activities at national/international level (award for a team event should be counted as one)**

Year	Name of the award/ medal	National/ International	Sports	Cultural	Student ID number	Name of the student
2018	Awarded the Bronze Medal Medal in the Junior Girls-Under 59kgs category Representing the country.	International	5 <sup>th</sup> Grand Open International Taekwondo Championship held at New Delhi from 26 <sup>th</sup> – 27 <sup>th</sup> April, 2018	---	SC-123	Lanosha Marbaniang
2018	Emerged as the winner in the Men's Singles Category.	State	37 <sup>th</sup> Meghalaya State Table Tennis Championship from 9 <sup>th</sup> – 11 <sup>th</sup> Dec. 2018	—	SC-178	Suranjit Dey
2018	Awarded the Gold Medal in the Junior 58 kgs category (Representing the State, Meghalaya)	National	Open National Kyorugi & Poomsai Taekwondo Championship held from 28 <sup>th</sup> – 30 <sup>th</sup> December 2018 at West Bengal.	-----	SC-123	Lanosha Marbaniang
	Awarded the Bronze Medal.	National	All India Inter-university Wushu held in Punjab university, Chandigarh	-----	SC-223	Lamphrang Kharsahnoh
2018	Awarded the Bronze Medal in the Sanda (-56kg).	Regional	1 <sup>st</sup> North East Olympic Games. 24 <sup>th</sup> – 28 <sup>th</sup> , October, 2018 held at Imphal	-----	SC-223	Lamphrang Kharsahnoh

2018	Secured the Gold in the Sanchou Junior Boys below 56kgs	State	XVI Meghalaya State Level Wushu Championship held on 11 <sup>th</sup> & 12 <sup>th</sup> December, 2018.	-----	SC-152	Francis Rr Songthiang
2018	Emerged as the Champion in the Light Contact below 56 kgs.	National	4 <sup>th</sup> Northeast National Level Kickboxing Championship held on 8 <sup>th</sup> & 9 <sup>th</sup> September 2018	---	SC-152	Francis R.R Songthiang
2018	Represented SAI Meghalaya in the 60kgs category.	National	All India Inter SAI Regional Boxing Tournament from 8 <sup>th</sup> to 12 October 2018 organized by SAI National Academy, Rohtak in Youth Category.	----	SC-199	Nalangki Iakai
2018	Represented Meghalaya in the 60-64kgs category, Secured Third Place.	Regional	1 <sup>st</sup> North East Olympic Game. Held at Imphal, Manipur 24 <sup>th</sup> To 28 <sup>th</sup> October 2018	----	SC-199	Nalangki Iakai
2018	First Prize Winner	State Level	----	Poster Competition	SZ00-201619	Eugene Lyngkhohi
2018	Second Prize	University	Shillong College Commerce	Debate		Nangiohbok Rymbai

2019	Wako Indian Senior National Kick Boxing Championship 2019, Secured 2nd Place, 51kg		India Senior National Kick boxing Championship, Held at Rohtak, Haryana from 18th July - 21st July 2019	----	SZOO-2016022	Stephyrnai Kharpein
2018-19	Football, The College Team reached Quarter Finalist:, Mr Kitboklang Khyriem were selected to represent the District and the State Team.	State	Subroto Cup organized by DSO East Khasi Hills (2018-2019)	----	SC-170	Kitboklang Khyriem
2018-19	Football, Shillong City Champion (College Boys), 2018-19	State	Reliance Foundation Youth Sports Football Tournament (2018-2019)	----	---	Champion , 2018-19, (College Boys)
2018-19	Shillong City Champion (Senior boys)	State	Reliance Foundation Youth Sports Football Tournament (2018-2019)	----	----	Champion , 2018-2019, (College Boys)
2018-19	Football, Semi Finalist, College Boys, (2018-19)	National	Reliance Foundation Youth Sports National Football Tournament(2018-2019)	----	-----	Semi Finalist, Shillong College Boys, 2018-2019
2018-19	National Champion , Senior Boys, (2018-19)	National	Reliance Foundation Youth Sports National Football Tournament(2018-2019)	----	-----	Champion, Senior Boys, 2018-19

2018	1 <sup>st</sup> Position in the 50m Rifle Prone Individual Championship Men, 3 <sup>rd</sup> position in the 10M Rifle Junior Men	State	5 <sup>th</sup> Meghalaya State Shooting Championship held from 14 <sup>th</sup> – 15 <sup>th</sup> July 2018 at Shillong	----	SC-258	Dennyson Kyrnian
2019	Awarded 3 <sup>rd</sup> place in the 22.50 m Peep sight (Prone) category.	National	1 <sup>st</sup> shooting Open Shooting Championship held on 17 <sup>th</sup> March, 2019	----	SC-258	Dennyson Kyrnian

  
 In-Charge Principal  
 Shillong College  
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