

Awareness Programme on Heart Care

Organised by Health Care Committee and Micro Biology Department in collaboration with Heart Care Society of Assam.

Venue: Shillong College Conference hall.

Date: 31st August 2017

Time: 11:00 AM



Heart Care Awareness Programme organised by Health Care Committee and Microbiology Department of Shillong College in collaboration with Heart Care Society of Assam was held on the 31st August 2017 at Shillong College Conference Hall.

The fruitful programme was organised with the initiation of Mrs Chandrima Choudhary, the executive members of Heart Care Society Assam. The eminent Cardiologist Dr.N.K Bhattacharjee, resource person, Tapash Chaudhary and Mr.Shankar Chaudhary executive members of Heart Care Society were also present.

Dr.K.D Ramsiej ,Principal, Dr.M.Dey, vice principal, Mrs Mary Diengdoh, Convener,Zoliansanga,Head of Microbiology department,Pynhunshisha Kharkrang,Ibandarisuk Lyngdoh ,Wankasaki Lytand, Amina Marbaniang, Kyntiewnam Lartang , Extra Kutkalang and Wanda Sohliya , members of the committee were also present along with a good numbers of professors and students of Shillong College.

The programme started at 11.15 am .Dr.K.D ramsiej , principal Shillong College presented bouquets and momentos to our guests. The principal, Dr K.D.Ramsiej in his welcome speech gave a brief introduction about the Health Care Committee and its functioning and highlight about the importance of the programme and the need to create awareness and initiate more health awareness programme in the future.

Dr. N.K Bhattacharjee, Senior Consultant Cardiologist, The founder of Heart Care society Assam elaborately explained the causes and prevention of Cardio-Vascular Disease(CVD) and other Heart related diseases and its prevention. Dr.N.K.Bhattacharjee is also an international personality and has

written and published a number of booklets, articles and brochures for public on Heart and Health Care. His best-selling book "HOPE for HEARTCARE" earned him wide acclaim including that from Dr.APJ Abdul Kalam, the then president of India and luminaries from the country and abroad.

There was also an interactive session which was highly participated by students and teachers.

The programme ended with a vote of thanks delivered by Sir Zoliansanga, Head Department of Microbiology, Shillong College.

Career Counselling Programme organised by Health Care Committee in collaboration with Tech Mahindra Smart Academy For Health Care and ICCO.

Venue: Shillong College Conference hall. Date:

23rd March 2018

Time: 2:00 PM

Career counselling programme was organised by Health Care committee in collaboration with Tech Mahindra Smart Academy for Health Care and ICCO on 23rd March 2018 at Shillong College Conference Hall.

The fruitful programme was organised by the Health Care committee Shillong College with an effective initiation by Mr Upen Saikia, regional coordinators, ICCO. The eminent Mr Alay Barah, Executive Director, ICCO was present to deliver his valuable speech, briefing and highlighting upon the career prospects of the institute. Mr Sajid Ali, Head-direct implementation programmes, Tech Mahindra Foundation, Mr Joannes Lamare, Chairperson, Meghalaya Youth Foundation, Mr Empower Warbah, Nongkrem, Youth Development Association and Mr Shantanu Ghosh, DGM, BSNL Shillong and Mr G Daimei, Executive Director, NEICORD Shillong were present.

Principal Dr. K.D Ramseij, convener Mrs Mary Diengdoh and the Head of Microbiology department Sir Zoliansanga were also present along with good numbers of professors and students of Shillong College. The sessions were highly interactive and queries were responded by the speakers.

Awareness Programme on MHIS

Venue: Shillong College Indoor Stadium.

Date: 22nd August 2019

Time: 12:00 PM.

Organised by Health Care Committee in collaboration with the Office of the Additional District Medical & Health Officer cum District Key Manager, MHIS, Government of Meghalaya in convergence with Ayushman Bharat Pradhan Mantri Jan Arogya Yojana.



Medical Health Insurance Scheme Awareness Programme was conducted by the Health Care committee in collaboration with the office of the Additional District Medical & Health Officer cum District Key Manager, MHIS, Government of Meghalaya in convergence with Ayushman Bharat Pradhan Mantri Jan Arogya Yojana on the 22nd August, 2019 in the Indoor Stadium of the College at 12 Noon.

A fruitful programme was organised with the initiation of Mr. Skhemjingmut Law, IT Manager, State Nodal Agency MHIS, and Miss Sophia Marwein, District Co-ordinator, East Khasi Hills from Reliance General Insurance.

The programme started with a welcome address from the convener of Health Care Committee, Ms. K. Lartang followed by the speech from the Resource person, The resource person, Mr. Skhemjingmut Law, e gave a brief introduction about the MHIS and how the smart card operates. He explained on the process of enrolment under MHIS and describe the benefits that can be availed by using the Smart Card.

The programme ended with a vote of thanks from the Convener.

Participation in the Celebration of World Heart Day on the 27th September, 2019

Venue – Don Bosco Technical Hall, Laitumkhrah, Shillong.

Organised by The State NCD Cell, National Health Mission, Meghalaya, in collaboration with the District NCD Cell, East Khasi Hills District.



Nineteen (19) students along with two faculty representatives from our college had participated in the Celebration of World Heart Day on the 27th September, 2019 which was held at Don Bosco Technical Hall, Laitumkhrah, Shillong. The programme was organised by The State NCD Cell, National Health Mission, Meghalaya, in collaboration with the District NCD Cell, East Khasi Hills District. The programme also include a demonstration on Basic Life Support and a Zumba Fitness Session.