

## WORLD NO TOBACCO DAY 31st May 2018



Sangma and Marcelina... ours in English and Philoso... he was the vice principal of... 2018.

behind holding a public... lead the people," he said.

### World No Tobacco Day observed across state

**By Our Reporter**

**SHILLONG:** World No Tobacco Day was observed by the Department of Oncology and Community Medicine, NEIGRIHMS on Thursday.

The campaign was an effort to sensitise students, police and government officials about the harmful effects of tobacco and the steps to curb the menace.

The program was inaugurated by signing of a pledge against tobacco by the dignitaries.

East Khasi Hills Deputy Commissioner P.S. Dikhar highlighted the role of the government in controlling the tobacco menace in the state and not only extended his support for such awareness programmes in future

but also promised to take action in his administrative capacity.

During the programme, a panel discussion was organised with experts from different walks of life sharing insights on various aspects of tobacco control.

Editor of *The Shillong Times* Patricia Mukhim stressed the role of visual media to tackle the menace of tobacco and its effects.

Students from Seng Khasi College and NEHU enthusiastically participated in the discussion and raised pertinent questions.

Police officers from various localities attended the programme.

There was consensus on the need to take this initiative forward to different members of the society so that this is not a once-in-a-year affair.

In North Garo Hills, the occasion was observed at Mendipathar College in Reubelpara.

Deputy Commissioner in-Charge AYD Shira motivated the students to abstain from tobacco and negative influences.

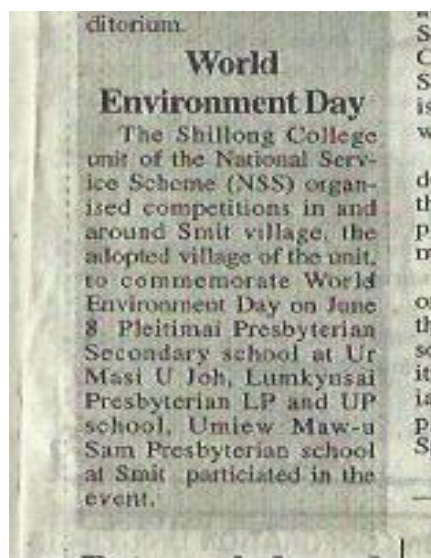
The occasion was also observed at Williamnagar in East Garo Hills where a free medical camp and extempore speech competition for students were organised.

The anti tobacco day was also observed at Tura Super Market Complex in West Garo Hills on Thursday. The programme was organised by the District Legal Services with an aim to increase awareness on the hazards of tobacco which is the second leading cause of cardiovascular diseases after blood pressure.

NSS students of Shillong College along with DMHO East Khasi Hills take out a rally on the occasion of World No Tobacco Day in the city on Thursday. (ST)

## WORLD ENVIRONMENT DAY 2018

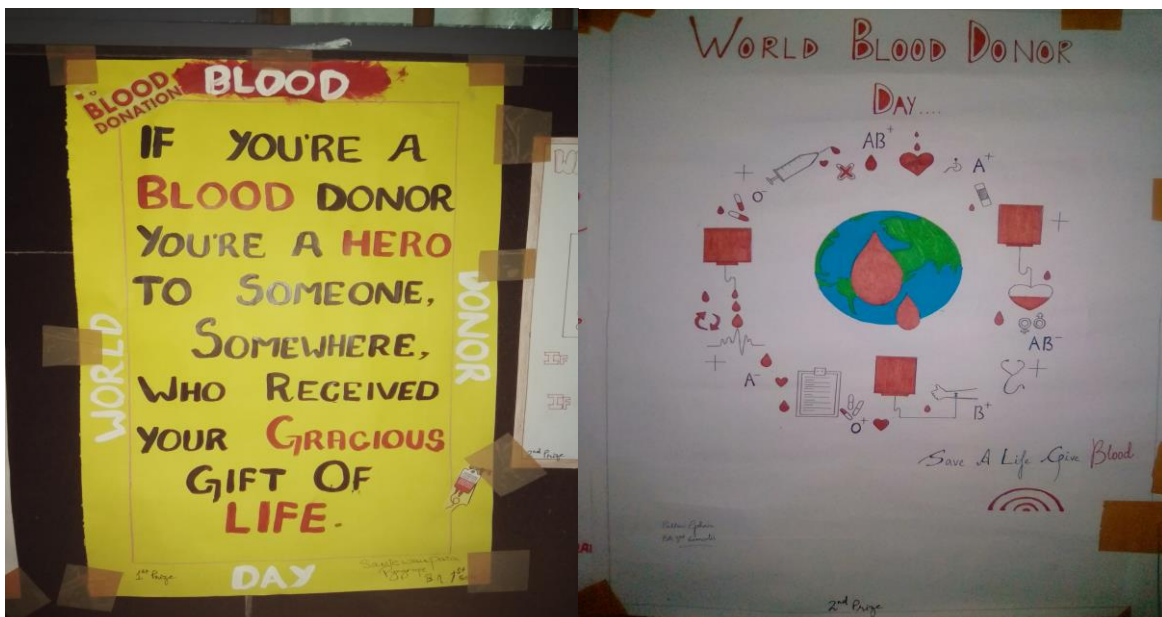
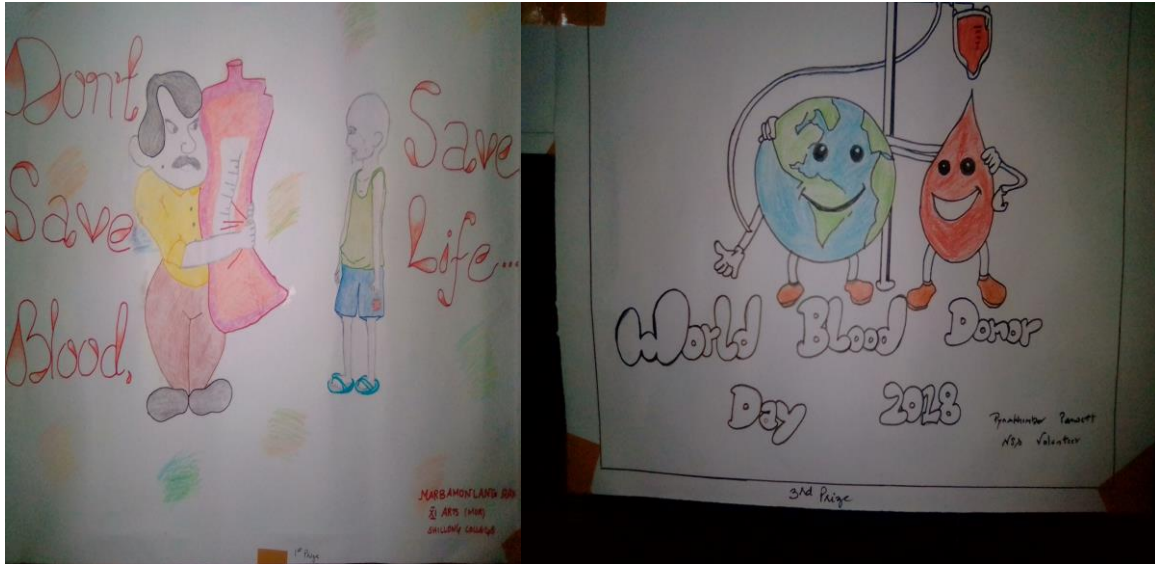
NSS Unit of Shillong College Organised Essay, Painting, Drawing and Slogan Competition at Ur-Masi-U-Joh Smit Village to create awareness on environmental issues. Altogether 3 Schools participated in the competition.





## WORLD BLOOD DONORS DAY 2018

A painting, Slogan and Sketching competition was organised by the NSS Unit of Shillong College World Blood Donors Day on the 14<sup>th</sup> of June 2018 to create awareness on the importance of Blood donation.



## INTERNATIONAL YOGA DAY AT SHILLONG COLLEGE 2018

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the OC did and...  
action be taken against him".  
(Contd on P-10)

across the state

us whole heartedly to make this noble initiative a huge success."

### Intl yoga day observed

**SHILLONG:** The NSS Unit of Shillong College, observed International Yoga Day on Thursday in the college campus in collaboration with the NCC Unit and Physical Education Department of the college. The programme started with a welcome address by Dr. B. P. Tripathi, ANO NCC Unit, Shillong College and a brief speech by the Principal, Dr. K D Ramsiej. Thereafter it was followed with yoga exercises and demonstrations conducted by resource persons Girdhari Mishra, Akash Gupta and Vikash Rathour of DSVV, Department of Yoga & Health, Haridwar, India (Gayatri Pariwar, Subcentre Barapathar, Shillong). Different yoga exercises were taught to the students.

### Bangladeshi national held

**SHILLONG:** Neal Sangma of Koinabhui village (WGH) lodged a complaint that on June 18 around 8 pm, a Bangladeshi national viz., Sudu Faruque (18) of Goldiripa village under Sherpur PS, Bangladesh, was apprehended at the same village and was handed over to the police at Dalu PS (WGH).

### Attempt to abduct

**SHILLONG:** A twenty-eight year old woman lodged a complaint that on June 22, her ex-husband Uttam Kumar Chettri along with Timingroy Shynret attempted to abduct her on her way from ICAP.





## **OBSERVATION OF SWACHHTA PAKHWADA (FORTNIGHT)**

The NSS Unit, Shillong College conducted a Cleaning Drive at Smit Market, which is in the adopted village of the Unit on the 16<sup>th</sup> August, 2018. More than 110 volunteers took part in this Cleaning Drive Programme which was jointly supported by the Local Village Authority and Members of the Smit Taxi Owners and Drivers Association.



## **BLOOD DONATION CAMP 2018**

The NSS Unit of Shillong College, once again conducted its regular Blood Donation Camp in the College Campus on the 21<sup>st</sup> August, 2018. The camp was held as part of its regular activities programme of the NSS which is conducted annually to generate awareness amongst youth on how blood donation a life and that there is an increase in number of donors which is a healthy trend. The Camp was conducted in collaboration with the NCC Unit of the college and the Regional Blood Bank, Pasteur Institute, Shillong. Large number of volunteers attended the camp and after thorough medical investigations, 34 units of blood could be collected from volunteers. The camp was also attended by many teachers and non teaching staffs among others.





### **SPECIAL CAMPING PROGRAMME HELD AT SMIT VILLAGE**

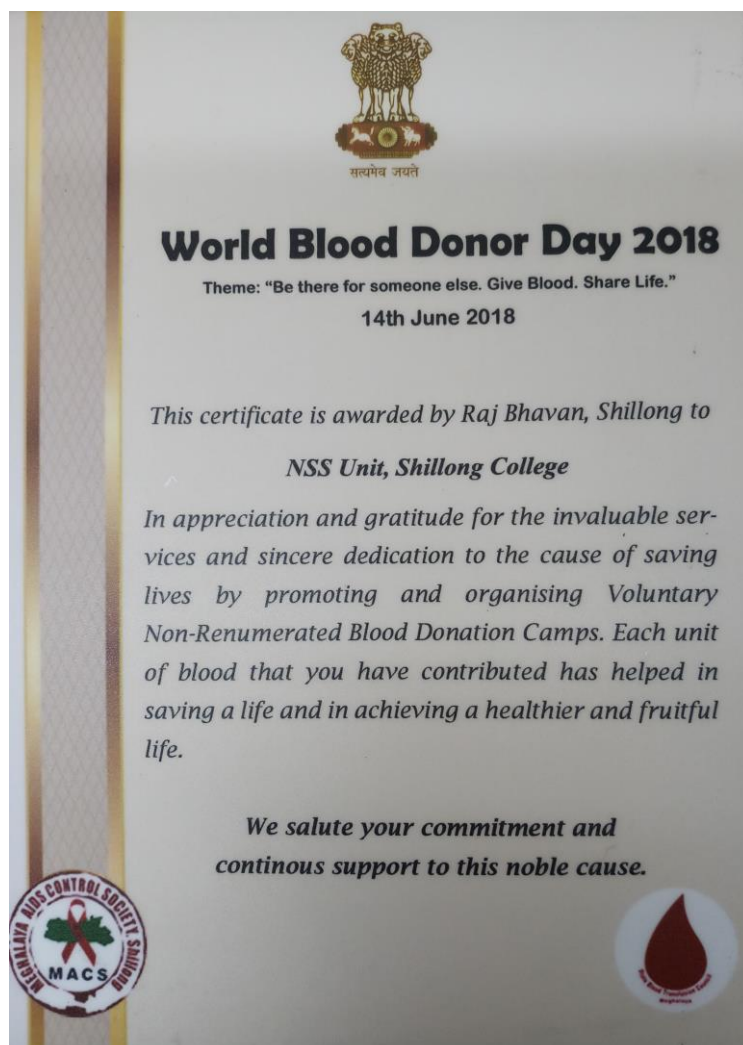
NSS Unit Shillong College, conducted yet another Special Camping Programme at Smit Village in Ur- Masi- U- Joh Locality from 13<sup>th</sup> to 17<sup>th</sup> November, 2018. In this Programme, number of programmes were conducted which include the Cleaning Drive at Madan ling Syiem (on 13<sup>th</sup> November),

Construction of Approaching Footpath to Plietimai Syiem Secondary School of length 135 feet and 5 feet width (from 15<sup>th</sup> to 16<sup>th</sup> November) and a recreation programme for school dropout children of the village on 14<sup>th</sup> November which coincide with the Children's Day. The programme conclude with a small function held at the Local Church Guest House located at Smit on the 17<sup>th</sup> November, 2018. About 90 volunteers attended the Camp.



## WORLD BLOOD DONOR DAY

Felicitation of NSS Unit Shillong College for organising and participating in Blood Donation Camps



2018



## University Level Best NSS Volunteer Award 2018



**OBSERVANCE OF NATIONAL INTEGRATION DAY, WORLD AIDS DAY AND INTERNATIONAL HUMAN RIGHTS DAY PROGRAMMES 2018**

NSS Unit Shillong College Conducted Poster, Slogan and Essay Competitions to commemorate the National Integration Day on the 19<sup>th</sup> November, 2018, the World AIDS Day on the 1<sup>st</sup> December, 2018 and the International Human Rights Day on the 10<sup>th</sup> December, 2018. These programmes were conducted to create awareness amongst volunteers in particular and students of the college in general on the significance of these important days. More than 300 students and volunteers took part in all these competitions. Prizes were distributed to all the winners of different competitions. The winners in different category in each competition are:

**Poster Competitions**

(Human Rights Day)

1<sup>st</sup> Prize- Mr. Pynskhembor Paswett

(National Integration Day)

1<sup>st</sup> Prize – Mr. Pynskhembor Paswett

(World AIDS Day)

1<sup>st</sup> Prize – Paibatlem Khyriemmujat: 2<sup>nd</sup> Prize – Midhushi Dhar Choudhury: 3<sup>rd</sup> Prize- Marbamonlang Rani

**Slogan Competitions**

(Human Rights Day)

1<sup>st</sup> Prize- Mr. Samewanpaia Pyngrope: 2<sup>nd</sup> Prize – Mr. Pyndemlang Lyting: 3<sup>rd</sup> Prize – Mr. Pynskhembor Paswett

(National Integration Day)

1<sup>st</sup> Prize – Pyndemlang Lyting: 2<sup>nd</sup> Prize – Samewanpaia Pyngrope: 3<sup>rd</sup> Prize – Pynskhembor Paswett

(World AIDS Day)

1<sup>st</sup> Prize – Samewanpaia Pyngrope: 2<sup>nd</sup> Prize – Pyndemlang Lyting

**Essay Competitions**

(Human Rights Day)

1<sup>st</sup> Prize – Midhushi Dhar Choudhury: 2<sup>nd</sup> Prize – Mr. Pyndemlang Lyting: 3<sup>rd</sup> Prize – Mr. Pynskhembor Paswett