

OBSERVATION OF WORLD ENVIRONMENT DAY 2019

The NSS Unit of Shillong College observed the World Environment Day by organising two programmes on the 4th & 6th June 2019 at the adopted villages of the Unit, Smit Village and Nongeitniang Village respectively. The Unit conducted Inter School Competitions on various events like Painting, Drawing, Slogan, Quiz and Debate Competitions for Secondary Schools in and around Smit Village on the 4th June, 2019. 7 Schools participated in this programme which was held at Pletimai Presbyterian Secondary School, Ur-Masi-U-Joh. The programme started with a welcome speech by the Principal of Pletimai Presbyterian Secondary School and followed with a small awareness lecture on the theme of this year's observation "Air Pollution" by the Programme Officer Dr. (Mrs) S. Khyriemmuat who talked about various causes and aspects of air pollution and ways to minimise it. This was followed with the Competitions on various events stated above and prizes were distributed to the winners in different categories by Pf. A. Marbaniang, Programme Officer.



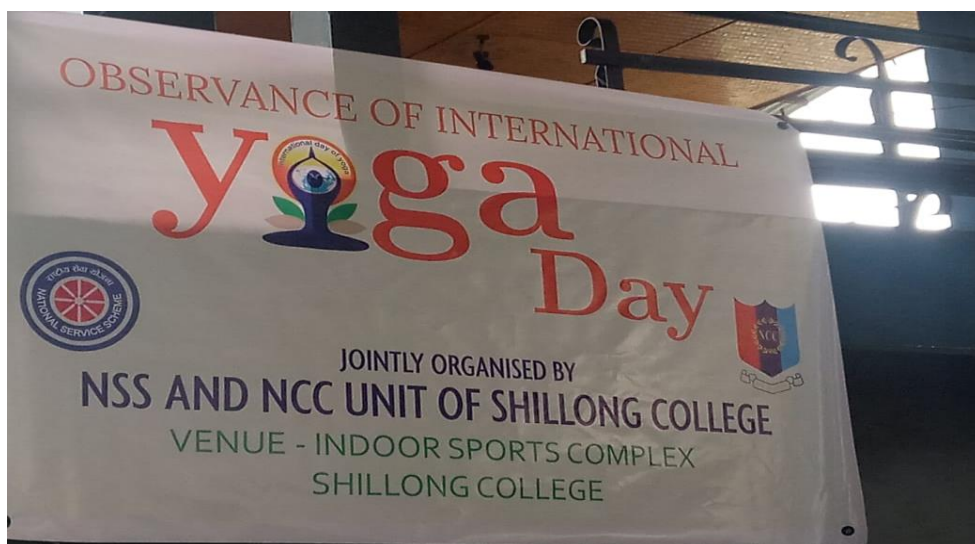
OBSERVANCE OF INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING 2019

NSS Unit of Shillong College in collaboration with Rovers and Rangers and the Department of Psychiatry and Clinical Psychology, Nazareth Hospital, Shillong organised an awareness programme to observe the International Day against Drug abuse and illicit trafficking in the college campus on the 24th June 2019. The programme started with a welcome address by Mrs A. Marbaniang, Programme Officer of the Unit. It was followed by a presentation by Dr Raj Konwar of Nazareth Hospital who was the resource person of the awareness programme. Dr Konwar started by dividing the students into groups. Each group was given a topic relating to drug abuse in which they have to make a presentation. After the presentation of all groups was over, Dr Konwar began to clarify the doubts relating to the problem of drug abuse followed by a lively interaction with the students. The programme ended with a vote of thanks from Dr Sharalin Khyriemmujat, Programme Officer of the Unit. Over 200 Volunteers attended the Programme.



INTERNATIONAL YOGA DAY 21ST JUNE 2019

The NSS unit of Shillong College, observed International Yoga Day on Thursday 21st June 2019 in the college campus in collaboration with the NCC unit and Physical Education Department of the college. The programme started with a welcome address by Dr. BP Tripathi, ANO NCC unit, Shillong college and a brief speech by the principal Sir. Malay Dey. Thereafter it was followed with Yoga exercises and demonstration conducted by resource person by Shailesh Kumar Gaur, Suraj Pal of DSVV. Department of Yoga & health Haridwar, India (Gayatri Pariwar, sub centre Barapathar, Shillong). Different Yoga exercises were taught to the students.





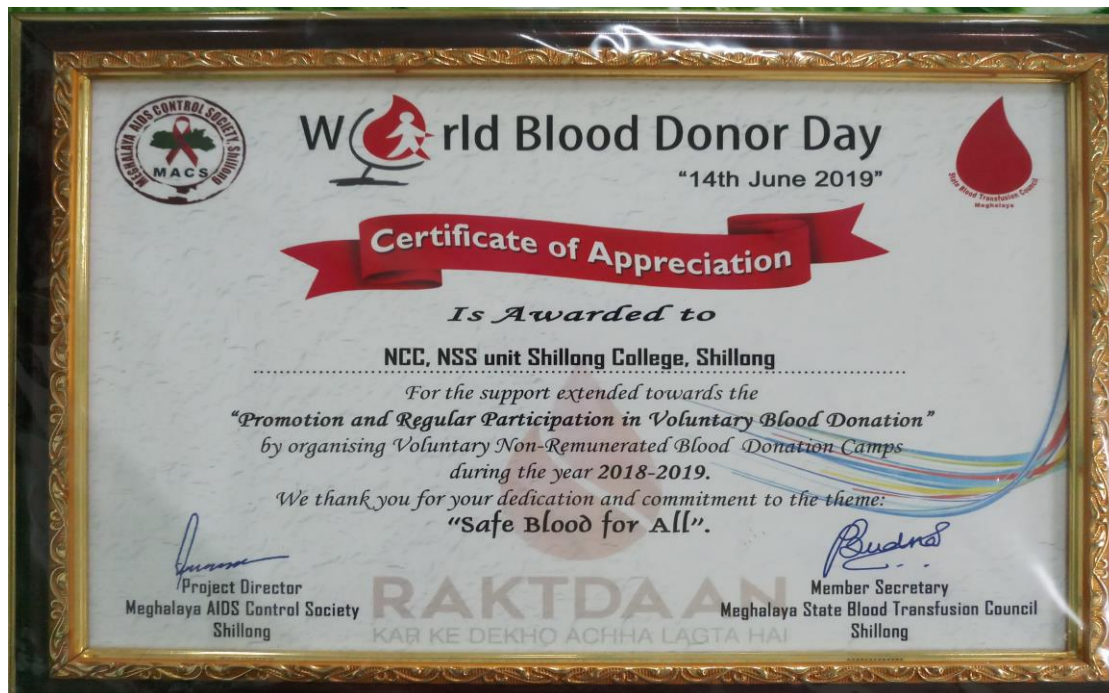
SWACHH BHARAT ABHIYAN 2019

Cleaning drive was organised by the Discipline Committee of Shillong College in collaboration with NSS, NCC, Youth Red Cross and Rovers and Rangers on the 10th Of August 2019 as part of the Swachh Bharat Abhiyan Campaign in the College Campus. All programme Officers and 50 NSS Volunteers participate in the cleaning Drive.



WORLD BLOOD DONOR DAY

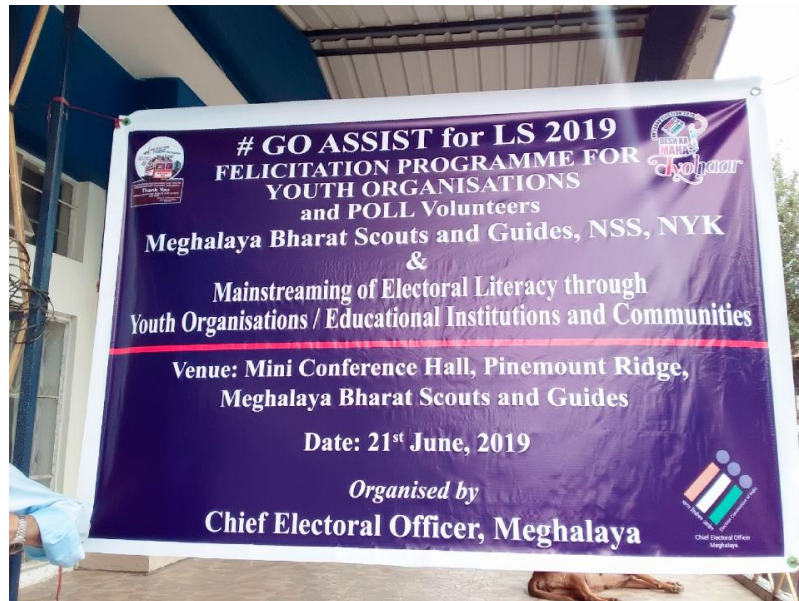
Felicitation of NSS Unit Shillong College for organising and participating in Blood Donation Camps



2019

LOK SABHA ELECTIONS 2019

Felicitation of NSS poll Volunteers



OBSERVANCE OF INDEPENDENCE DAY 2019



TREE PLANTATION 2019

National Tree Plantation organized by NSS,NCC And NEHRU YUVA KENDRA SANGATHAN, in Collaboration with Forest and Industries Departments, Govt. of Meghalaya at Jongksha Village on 27th August, 2019. 200 Volunteers of the College Unit took part in which 5000 saplings were planted.



UNIVERSITY LEVEL AWARD 2019

NSS P.O of Shillong College NSS Unit Mrs A. Marbaniang, received the University Level Best NSS Programme Officer Award 2019 on NSS Day, 24th September 2019



NSS Volunteer of Shillong College NSS Unit Mr Samborlang Thabah, received the University Level Best NSS Volunteer Award 2019 on NSS Day, 24th September 2019



BRIEF REPORT OF THE OBSERVATION OF SWAACHCH BHARAT PROGRAMME

The NSS unit, Shillong College, observed the 150th Birth Anniversary of the Father of the Nation, Mahatma Gandhi on the 2nd October, 2019 by conducting a Cleaning Drive as part of Swaach Bharat Programme. The Cleaning Drive was conducted along the area from Don Bosco Square to PGT College, Laitumkhrah Shillong. The programme started at 9 a.m. in the morning with a brief highlight on the significance of this day by the Principal Dr. M. Dey. He also mentioned the importance of cleanliness and the need to reduce plastic pollution in and around the surroundings. This was followed with the taking of the Pledge to protect the environment by the volunteers. The programme was participated by more than 100 volunteers who took part enthusiastically in spite of inclement weather which continued till 3 p.m.



REPORT OF NATIONAL UNITY DAY

NSS Unit Shillong College Conducted Painting, Poster, Slogan and Essay competitions to commemorate the National Unity Day on the 31st October, 2019. The programme was conducted to create awareness amongst volunteers in particular and students of the college in general on the significance of these important days. More than 30 students took part in the competitions. Prizes were distributed to all the winners of different competitions. The winners in different category in each competition are:

Painting Competitions

1st Prize – Phinangbet Pyngrope BSc 1st Semester

2nd Prize – Daiarihok Khynriam BA 3rd Semester

3rd Prize – Samborlang Mawlong BA 3rd Semester

Poster Competitions

1st Prize – Bablu Thabah BA 3rd Semester

2nd Prize – Samborlang Mawlong BA 3rd Semester

3rd Prize – Pynskhembor Paswett BA 5th Semester

Slogan Competitions

1st Prize – Midhushi Dhar choudhury Bcom 1st Semester

2nd Prize – Samiewanpaia Pyngrope BA 3rd Semester

3rd Prize – Baiahunlang Lapasam BA 3rd Semester

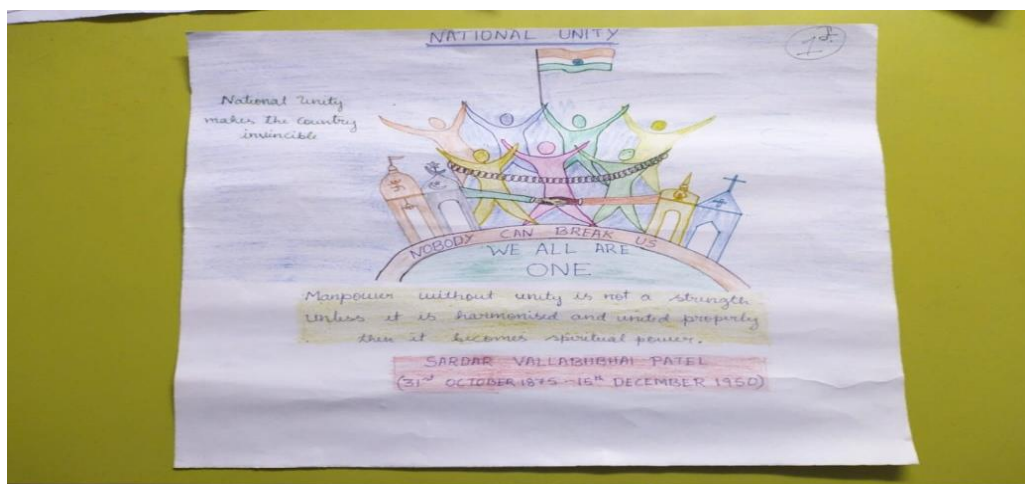
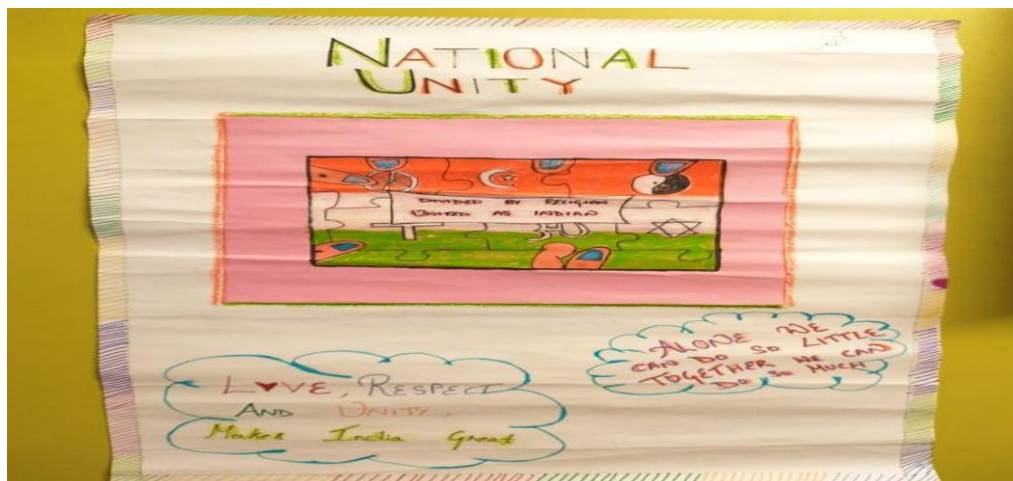
Essay Competitions

1st Prize – Balamlang Nongkhlaw BCA 1st Semester

2nd Prize – Pynskhembor Paswett BA 5th Semester

3rd Prize – Samborlang Mawlong BA 3rd Semester

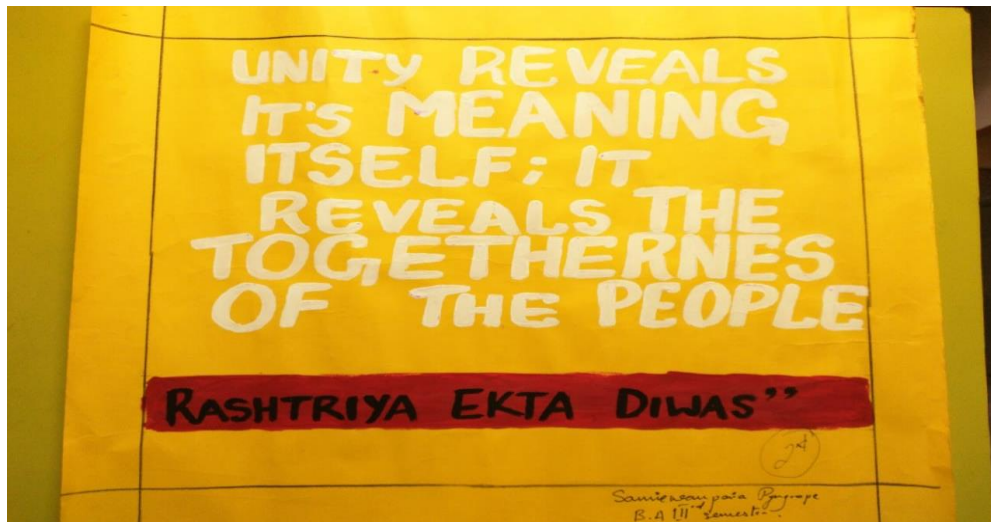
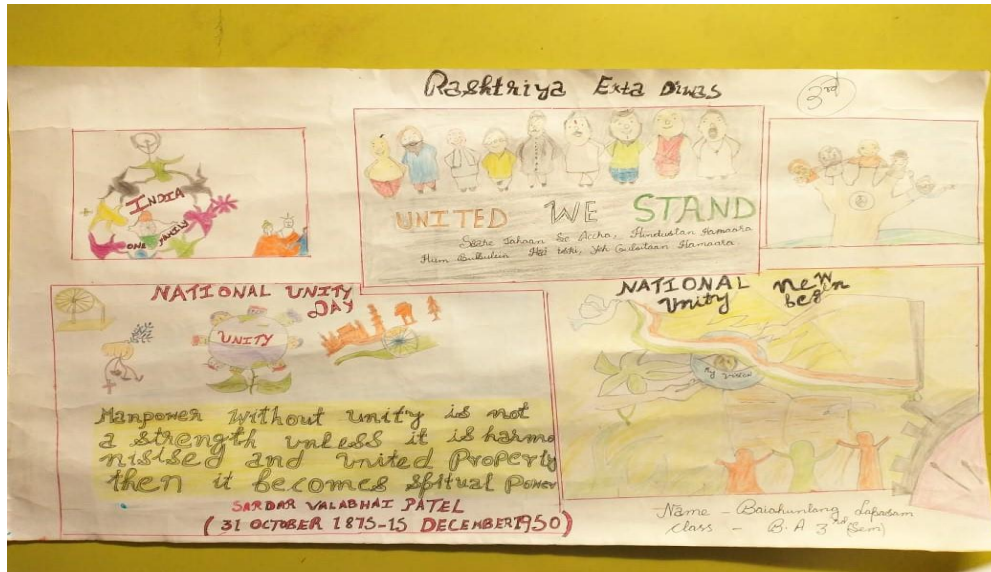
POSTER



PAINTING



SLOGAN



**BRIEF REPORT OF THE SPECIAL CAMPING PROGRAMME CONDUCTED BY THE NSS UNIT OF
SHILLONG COLLEGE AT NONGKYNDAH VILLAGE FROM 14TH to 19TH OCTOBER 2019**

The NSS Unit of Shillong College conducted a six Days Special Camping Programme at Nongkyndah Village, East Khasi hills District, from 14th to 19th October 2019. Nongkyndah village is one of the adopted villages of the unit. Nongkyndah Village is situated at a distance of 76 kms from Shillong. The Headman of the village is Shri. H. Khongyang. The people of the village are mostly engaged in agricultural activities which is their main source of livelihood. Literacy rate is quite high at about 85% but there is a very high drop-out rate amongst school children.

Various activities were conducted during these days which include the construction of the village footpath, and cleaning drive. On reaching the village, a short programme was organized by the village durbar to welcome the members of the unit, where, the headman, H. Khongyang, on behalf of the village welcomed all members and thank the Unit for organizing this camp. This was followed with the literacy survey of the whole village and it was found that literacy rate is quite high at 85% but there is very high drop-out rate amongst school children. There is only one Upper Primary School in the village and therefore students pursuing higher education has to go to nearby villages or Pynursla.

On the second day i.e. 15th October, 2019, an Awareness Programme on Early Child Marriage and Mother-Child Health care was conducted at the School Hall where students



and parents of the village were attending the programme. The Resource Person, Dr. V. Myrboh from Bethany Hospital, Shillong, spoke at length on the ill effects of early child marriage and the health consequences which affects the normal growth and development of the child and mother as well. The second session was deliberated on the economic

consequences of early child marriage and family planning. The programme ended with a vote of thanks from Pf. S. Kharrymba, Programme Officer of the Unit.

On the third day i.e. 16th October, 2019, a programme on the Clean India Campaign was conducted in the village where students performed a skit on the theme to create an awareness on cleanliness amongst the villagers and the importance to maintain a clean and healthy



surroundings.



children and youth of the village who participated enthusiastically in different activities like athletics, football and tug of war. Prizes were distributed to the winners by the headman and programme officers.

On the sixth day i.e. 19th October, 2019, an exit cum valediction programme was organized by the village to offer their heartfelt gratitude to the unit for conducting various programmes which helps in uplifting

the lives of people living in the village. The programme was presided by the Programme Officer Shri. E. Niang and the headman proposed the vote of thanks.

On the fourth day i.e. 17th October, 2019, a cleaning drive was conducted in the entire village with the participation of all residents of the village along with the NSS volunteers.

On the fifth day i.e. 18th October, 2019, sports and games activities were conducted for the



INTERNATIONAL VOLUNTEERS DAY 2019

NSS UNIT of Shillong college organised a programme in its adopted Village in Smit to celebrate International Volunteers Day on the 5th of December 2019.

Dr. M.L. Nongbri, the State Consultant Co-ordinator, World Vision was the resource person.

