

## SPORTS ACHIEVEMENT

**Evidence of Success:** Shillong College fraternity has earned several laurels in academic as well as co-curricular and extra-curricular areas over the years. It has been contributing significantly towards overall education scenario of the State as well as the region. Further, the various events have resulted in creating a favourable impression of the institution in the society. The programmes had been able to equip, mould and shape the students to excel in performance in academic as well as extra-curricular aspects of collegiate education along with being alive to the social responsibilities.

In the field of Football, the College Team having won the State Championship took part at the National Level Reliance Foundation Youth Sports Football Tournament 2018 at Mumbai and participated and emerged as Champion for the Senior Boys 2018-2019 and reached Semi Finalist for College Boys 2018-2019. Similarly, both the Senior Boys and College Boys emerged as Champion in the State Level 2019-2020 National Level Reliance Foundation Youth Sports Football Tournament 2019, and will be representing the State.

### International Level

1. Lanosha Marbaniang represented the country and awarded the Bronze Medal in the junior Girls- Under 59kgs category at the **5<sup>th</sup> Grand Open International Taekwondo Championship held at New Delhi from 26<sup>th</sup> - 27<sup>th</sup> April, 2018.**
2. Lanosha Marbaniang won a **Gold Medal at the 1<sup>st</sup> Indo Nepal International Taekwondo Championship held from the 27<sup>th</sup> to 30<sup>th</sup> December, 2021.**

### National Level

3. Lanosha Marbaniang awarded the Gold Medal in the junior Girls- Under 58kgs category Open National Kyorugi & Poomsai Taekwondo Championship held from 28<sup>th</sup> - 30<sup>th</sup> December 19 at West Bengal, **8<sup>th</sup> Open Meghalaya junior Kyorugi Taekwondo Championship 2017, "VISION 2022"** East Khasi Hills Inter Clubs Open Taekwondo Championship- 2017.
4. Lamphrang Kharsahnoh awarded the Gold Medal in the 55kgs at The National Open Zendokai Karate Championship 2017, **Asian Jeet Kune-Do Championship, 15 - 16<sup>th</sup> October, 2017.**
5. Mr. Suranjit Dey emerged as the winner in the Mens Singles Category at **37<sup>th</sup> Meghalaya State Table Tennis Championship** from 9<sup>th</sup> - 11<sup>th</sup> December 2018.
6. Tanushree Dutta and Camelia Diengdoh were selected to represent the North Eastern Hills University at the **East Zone Inter University Table Tennis Tournament** October, 2019 held at KIIT University, Bhubaneswar, Odisha
7. Camelia Diengdoh will represent Meghalaya at the **East Zone Inter University Table Tennis Tournament** October, 2019 held at KIIT University, Bhubaneswar, Odisha
8. Nalangki Iakai represented SAI Meghalaya in the 60kgs category at **All India Inter SAI Regional Boxing Tournament** from 8<sup>th</sup> to 12 October 2018 organized by SAI National Academy, Rohtak in Youth Category.

9. Francis RR Songthiang secured the Gold in the Sanchou Junior Boys **below 56 kgs 4<sup>th</sup> Northeast National Level Kickboxing Championship** held on 8<sup>th</sup> & 9<sup>th</sup> September 2018
10. Dennyson Kyrasian was placed 3<sup>rd</sup> in the 22.50m Peep sight (Prone) category at the **1<sup>st</sup> Shooting Open Shooting Championship** held on 17<sup>th</sup> March, 2019 at National level.
11. Cadet Iakmenlang Nongspung was selected to attend the Basic Mountaineering Course at IHM, Darjeeling. (2017).
12. Robert Khongjoh received the Golden Boot and Golden Ball Award and received scholarship Amount Rs 10,000/- for the Second season i.e 2019-2020 at the **Reliance Foundation Youth Sports Football Tournament** (2019-2020).
13. Phrangki Buam received the Golden Boot and Golden Ball Award at the **Reliance Foundation Youth Sports Football Tournament** (Shillong City Championship).
14. Samuel James L Kynshi received Scholarship Rs 10,000/- at the **Reliance Foundation Youth Sports Football Tournament** (2019-2020) and now playing from Real Kashmir in the Indian I League.
15. Dennyson Kyrasian won a Gold medal in Shooting at the Meghalaya Games 2019-2020 organised by Meghalaya State Olympic Association held from 17th to 21st February, 2020.
16. Nalangki Iakai won a Bronze medal in the 60 kg women at the 3rd **Bengal Boxing Classics, All India Elite Open Boxing Championship** held at Kolkata from the 29th February to 3rd March 2020.
17. Phrangki Buam participated in National and International Football and entered into agreement with Goan Football Club on 16th September 2020. AIFF 'CRS' Number PL0000044320.
18. Diosony Suchiang won a Gold Medal at the 1st place Men's Boxing held by Meghalaya State Olympic Association 2020.
19. The College team was declared Joint Winners along with St. Anthony's College due to Covid-19 pandemic Nation at the Inter-College University Games organized by NEHU, Shillong, 2020.
20. Sumarlang Marwein won a Bronze medal in Kickboxing (Senior category) at the **WAKO Federation Cup 2020** held from the 7th to 10th January, 2021.

#### **Other Achievement:**

- **Lamphrang Kharsahnoh** attended the Coaching Courses for Wushu Coaches organized by the Sports Authority of India in association with Wushu Association of India under the Supervision of Foreign (Chinese) Expert held at Imphal, Manipur from 19<sup>th</sup> - 26<sup>th</sup> May, 2018.
- In 2018, **Lamphrang Kharsahnoh** represented Meghalaya as Coach in the 17<sup>th</sup> Sub-Junior national wushu Championship (Boys& Girls) held at M.A Stadium, Jammu

and Kashmir from 27<sup>th</sup> - 31<sup>st</sup> March, 2018.

- **Ms. Elsarica Umdor** studying Shillong College of H.S. Education has been undergoing training at Prakash Padukone Sports Management located at Padukone Dravid Centre for Sports Excellence, Bangalore from 14th June to 26th August, 2019.
- **Sankidaroi Sajem** a graduate from Shillong College, is already a stimulus for many young women for her achievement at a young age. **She has been a coach and manager of Meghalaya Girls and Women's Football team.** She is also an official in the Meghalaya Baby League.
- Another feature to her glorious bonnet is she has participated in the **Blind Football Referee** Training Course in Pattaya, Thailand organised by the International Blind Sports Federation.
- **Wanlang Diengdoh** completed the AIFF 'D' Coaching Certificate at the National level for All India Football Federation.

**The detailed lists of sportspersons from the College who participated in other disciplines at the National/State and University Level are as follows :-**

Disciplines	Tournaments		Name/ No of Players	Achievements
	Name	Level		
Football	Subroto Cup organized by DSO East Khasi Hills, 2016	District	Ten players and Five players were selected to represent the District and State Team respectively.	Semi-Final
	Redbull Neymar Futsal Tournament, 2016			Runners Up
	Inter-College organized by NEHU 2016	University		Champion (Men)
	Subroto Cup organized by DSO East Khasi Hills.2017	District	Runners-Up, Four players were selected to represent the District and State Team.	Runners-Up
	Reliance Foundation Youth Sports Football Tournament, 2017	State		Runners Up (College Boys) Runners Up (Senior boys)
	Inter-College organized by	University		Champion (Men)

	NEHU, 2017			
	Subroto Cup organized by DSO East Khasi Hills, 2018	District	Quarter Finalist: Kitboklang Khyriem	Selected to represent the District and the State Team.
	Reliance Foundation Youth Sports Football Tournament, 2018	State		Shillong City Champion (College Boys) Shillong City Champion (Senior boys)
	Reliance Foundation Youth Sports National Football Tournament, 2018	National		Semi Final List (College Boys) National Champion (Senior boys)
	Inter-College organized by NEHU, 2018	University		Semi Finalist (Men)
	Subroto Cup organized by DSO East Khasi Hills, 2019	District	Runner Up: Save me Tariang and Glennys G. Lynrah	Selected to represent the District and the State Team.
	Reliance Foundation Youth Sports Football Tournament, 2019	State		Shillong City Champion (College Boys)
	Inter-College organized by NEHU, 2019	University		Semi Finalist (Men) Runner Up (Women)
	Reliance Foundation Youth Sports Football Tournament held from 27th December 2019-6th January 2020	State		Champions (Senior Boys) in Football
	Reliance Foundation Youth Sports Football Tournament (2019-2020)	National	Robert Khongjoh	Won the Golden Boot and Golden Ball Award and received Scholarship Amount Rs 10,000/- for the Second season i.e 2019-2020
	Reliance	National	Phrangki Buam	Won the

	Foundation Youth Sports Football Tournament (2019-2020)			Golden Boot and Golden Ball Award at Shillong City Championship
	Reliance Foundation Youth Sports Football Tournament (2019-2020)	National	Samuel James L Kynshi	Received Scholarship of Rs 10,000/- and now playing from Real Kashmir in the Indian I League
	Reliance Foundation Youth Sports Football Tournament, January 2020	National		Runners Up in Football (Senior Boys)
	Inter-College University Games organized by NEHU, Shillong, 2020	University		Runners Up in Football (Women)
Basketball	3X3 Inter-School Basketball tournament organized by Department of Physical Education and Sports Development Cell, Shillong College, 2016	Inter-College		Champion (Men)
	Inter-College organized by NEHU, 2016	University		Quarter Final (Men) Quarter Final (Women)
	Inter-College organized by NEHU, 2017	University		Quarter Finalist (Men) Quarter Finalist (Women)
	Inter-College organized by NEHU, 2018	University		Semi Finalist (Men) Runner-Up (Women)
	Inter-College organized by NEHU, 2019	University		Quarter Finalist (Men) Semi Finalist (Women)
Badminton	Inter-College organized by NEHU 2016	University	Cheryl Mawlieh	Semi Final (Men & Women) got selected to represent the

				University.
	2 <sup>nd</sup> Inter School Badminton Tournament, 2016	University		Semi Final (Boys)
	Inter-College organized by NEHU 2017	University		Semi Finalist (Women) Quarter Finalist (Boys)
	Inter-College organized by NEHU 2018	University		Semi Finalist (Women)
	Inter-College organized by NEHU 2019	University		Runner Up (Women)
	Advanced Training Programme in Badminton at the Padukone Sports Centre for Excellence, Bengaluru 2021	National	Elsarica Umdor	Selected for Advanced Training Programme in Badminton at the Padukone Sports Centre for Excellence, Bengaluru
	North East Zone Inter State Badminton Championship-8 <sup>th</sup> -11 <sup>th</sup> September, 2022	State	Lawanbiang Wanniang	Semi-Final
	37 <sup>th</sup> Meghalaya State Badminton Championship 21 <sup>st</sup> -24 <sup>th</sup> September, 2022	State	Catherine Lyngdoh	Runner up in Women's Doubles
	37 <sup>th</sup> Meghalaya State Badminton Championship 21 <sup>st</sup> -24 <sup>th</sup> September, 2022	State	Catheresa Lygdoh	Runner up in Women's Doubles
Table Tennis	Inter-College organized by NEHU 2016	University		Semi Final (Men)
	Inter-College organized by NEHU, 2017	University		Semi Finalist (Men)
	Inter-College organized by NEHU, 2018	University		Semi Finalist (Men)
	37 <sup>th</sup> Meghalaya State Table Tennis	National	Mr. Suranjit Dey	Emerged as the winner in the

	Championship from 9 <sup>th</sup> – 11 <sup>th</sup> December 2018			Men's Single Category.
	Inter-College organized by NEHU, 2019	University		Semi Finalist (Men) Champion (Women)
	81 <sup>st</sup> Junior & Youth National Championships held in Jammu J & K from 2 <sup>nd</sup> - 8 <sup>th</sup> December, 2019	National	Tanushree Dutta and Camelia Diengdoh	Selected to represent the North Eastern Hills University at the East Zone Inter University Table Tennis Tournament October, 2019 held at KIIT University, Bhubaneswar, Odisha. Camelia Diengdoh will represent Meghalaya at the said Tournament.
Chess	Inter-College organized by EHU, 2016	University		4 <sup>th</sup> Position in the Table Tally.
	Inter-College organized by NEHU, 2017	University		3 <sup>rd</sup> Position in the Table Tally.
Karate	7 <sup>th</sup> Inter College Karate Tournament organized by Meghalaya Karate Do Association, 2016	State		2 Gold, 2 Silver, 1 Bronze
	"VISION 2022" East Khasi Hills Inter Clubs Open Taekwondo Championship-2017	National	Lanosha Marbaniang	Won the Gold Medal in the junior Girls-Under 63kgs category.
	8th Open Meghalaya junior Kyorugi Taekwondo Championship 2017	National	Lanosha Marbaniang	Won the Gold Medal in the junior Girls-Under 59kgs category.

	4th Northeast India JeetKune Do Championship 26th – 27th August, 2017	National	Lamphrang Kharsahnoh	Won the Gold Medal in the 55kgs.
	3rd Northeast India JeetKune Do Championship 10th September, 2017	National	Lamphrang Kharsahnoh	Won the Gold Medal in the 55kgs.
	4th Open National All Martial Art games 17th – 18th September, 2017 held at Assam.	National	Lamphrang Kharsahnoh	Won the Gold Medal in the 50+ kgs.
	National JeetKune Do Chamionship 9th – 10th September held Kolkata West Bengal	National	Lamphrang Kharsahnoh	Won the Gold Medal in the 55kgs.
	The National Open Zendokai Karate Championship 2017 Asian JeetKune-Do Championship, 15 – 16th October, 2017	National	Lamphrang Kharsahnoh	Won the Gold Medal in the Black Belt – 55kgs.
	Asian JeetKune-Do Championship, 15 – 16th October, 2017	National	Lamphrang Kharsahnoh	Won the Gold Medal in the Senior Men Full Contact – 51kgs.
	5th Grand Open International Taekwondo Championship held at New Delhi from 26th – 27th April, 2018.	National	Lanosha Marbaniang	Represented Meghalaya and won the Bronze Medal Medal in the junior Girls-Under 59kgs category.
	Open National Kyorugi & Poomsai Taekwondo Championship held from 28th – 30 <sup>th</sup> December 2019 at West	National	Lanosha Marbaniang	Won the Gold Medal in the Junior 58kgs category (Representing Meghalaya state).



	Bengal.			
	All India Taekwondo (W) championship 2019-2020 held at Punjab University, Punjab from 10th-13 <sup>th</sup> March, 2020.	National	ShabahunThong ni	Represented North Eastern Hill University
	1st Indo Nepal International Taekwondo Championship 27 <sup>th</sup> -30 <sup>th</sup> December,2021	International	Lanasha Marbaniang	Won the Gold Medal
Wushu	25 <sup>th</sup> Senior National Wushu Championship held at Ranchi, Jharkhand from 25 <sup>th</sup> - 30 <sup>th</sup> January, 2017	National	Lamphrang Kharsahnoh	Represented Meghalaya in the Below 50kg Event.
	Sports Authority of India held at Imphal, Manipur from 19 <sup>th</sup> - 26 <sup>th</sup> May, 2018	National	Lamphrang Kharsahnoh	Attended the Coaching Courses for wushu Coaches.
	All India Inter university Wushu held in Punjab university, Chandigarh.	National	Lamphrang Kharsahnoh	Won the Bronze Medal.
	1 <sup>st</sup> north East Olympic Games. 24 <sup>th</sup> - 28 <sup>th</sup> , October, 2018 held at Imphal.	National	Lamphrang Kharsahnoh	Won the Bronze Medal in the Sanda (-56kg).
	XVI Meghalaya State Level Wushu Championship held on 11 <sup>th</sup> & 12 <sup>th</sup> December, 2018	State	Francis RR Songthiang	Won the Gold medal in the Sanchou Junior Boys below 56kgs.
	Arm Wrestling	Inter College organized by Meghalaya Arm Wrestling Association	State	
Boxing	Organized by Boxing association of East	District	Maybiful Biam	Awarded as the Best Boxer among the Elite

	Khasi Hills District			Men Category.
	All India Inter SAI Regional Boxing Tournament from 8 <sup>th</sup> to 12 October 2018 organized by SAI National Academy, Rohtak in Youth Category.	National	Nalangki Iakai	Represented SAI Meghalaya in the 60kgs category.
	1 <sup>st</sup> North East Olympic Game. Held At Imphal, Manipur 24 <sup>th</sup> To 28 <sup>th</sup> October 2018.	National	Nalangki Iakai	Represented Meghalaya in the 60-64kgs category by Securing Third Place.
	Boxing Federation Of India North East Zone Boxing Championship at Assam in January 2020	National	Nalangki Iakai	Won the Bronze Medal at the 60 Kg Women category
	BFI North-East Zone Boxing (Elite Men & Women) Boxing Championship, 2020 on 3rd to 6th January, 2020	Regional	Nalangki Iakai	Won the Bronze medal in the 60 Kg Weight Category
	3 <sup>rd</sup> Bengal Boxing Classics, All India Elite Open Boxing Championship held at Kolkata from 29 <sup>th</sup> February to 3 <sup>rd</sup> March 2020	National	Nalangki Iakai	Won the Bronze medal in the 60 Kg Women category
	1 <sup>st</sup> place Men's Boxing at the Meghalaya State Olympic Association 2020	State	Diosony Suchiang	Won the Gold Medal
Kickboxing	4 <sup>th</sup> Northeast National Level Kickboxing Championship held on 8 <sup>th</sup> & 9 <sup>th</sup> September 2018	National	Francis RR Songthiang	Emerged as the Champion in the Light Contact below 56 kgs.
	India Senior National		Stephyrnai Kharpein	Represented Meghalaya in

	Kickboxing Championship held at Rohtak, Haryana from 18 <sup>th</sup> July – 21 <sup>st</sup> July 2019			Wako Indian Senior National Kickboxing Championship by securing Second place below 51 kgs.
	WAKO India Federation Cup - 2020 7 <sup>th</sup> – 10 <sup>th</sup> January 2021	National	Sumarlang Marwein	Won the Bronze medal in Kick Boxing (Senior Category)
Cricket	NEHU Inter-College Men Cricket Tournament, 2018	University		Runner Up (Men)
	NEHU Inter-College Men Cricket Tournament, 2019	University		Runner Up (Men)
	Inter-College University Games organized by NEHU, Shillong, 2020	State		Joint Winners (Men) Cricket. The College Team was declared Joint Winners along with St Anthony's College due to Covid-19 Pandemic Nation.
Shooting	5 <sup>th</sup> Meghalaya State Shooting Championship held from 14 <sup>th</sup> – 15 <sup>th</sup> July 2018 at Shillong	State	Dennyson Kyrnsian	Won 1 <sup>st</sup> position in the 50m Rifle Prone Individual Championship Men and 3 <sup>rd</sup> position in the 10M Rifle Junior.
	1 <sup>st</sup> shooting Open Shooting Championship held on 17 <sup>th</sup> March, 2019	National	Dennyson Kyrnsian	Won 3 <sup>rd</sup> position in the 22.50m Peep sight (Prone) category.
	Meghalaya Games 2019-2020 organized by Meghalaya State Olympic Association from	State	Dennyson Kyrnsian	Won the Gold Medal in Shooting

	17 <sup>th</sup> -21 <sup>st</sup> February, 2020			
Mountaineering	Attended the Basic Mountaineering Course at IHM, Darjeeling (2017).	National	Cadet Iakmenlang Nongspung	
	Rock Climbing Training camp in Gwalior 2021	National	Meo Langstang & John Danny Iawphniaw	
Swimming	Meghalaya Games 2019-2020 organized by Meghalaya State Olympic Association from 17 <sup>th</sup> -21 <sup>st</sup> February, 2020	State	Cheerleen M K Nongkynrih	Won the Bronze medal in 50m Breast Stroke in Women Category
Athletics	32 <sup>nd</sup> East Zone National Athletics Championship held at Gauhati on the 28 <sup>th</sup> & 29 <sup>th</sup> December 2020	National	Glorify Kurbah	Won the Silver Medal in the 800m track event
	32 <sup>nd</sup> East Zone National Athletics Championship o held at Gauhati on the 28 <sup>th</sup> & 29 <sup>th</sup> December 2020	National	Glorify Kurbah	Won the Bronze Medal in the 1500m track event
	32 <sup>nd</sup> East Zone Junior Athletics Championships organised by Assam Athletics Association at Guwahati (Assam) 28 <sup>th</sup> & 29 <sup>th</sup> December, 2020	Regional	Marso Kyndait	Represented Meghalaya and secured 2 <sup>nd</sup> place in 800M in the age group of Boys under 20

**Some eminent sports personalities from the college have now taken up sports as a career while some on account of their sporting abilities are now professionally well placed.**

Name	Batch	Current Profession
Rupert Nongrum	2013	Professional Footballer ISL , NEU FC, I League
Hardy Cliff Nongbri	2014	Professional Footballer West Bengal League
Jefferson Nongrud	2014	Assam Rifle Football Team.

Germy Passah	2014	Undergoing D-License Goalkeeper. Kolkatta.
Kitdorlang. L. Nonglait	2014	Professional Footballer, Shillong League
Pyndaplang Kharryja	2014	Professional Footballer, Shillong League
Emerson Nongrud	2014	Professional Footballer, Shillong League
Everest Rynjah	2014	MLP , Govt. Of Meghalaya.
Jerrymon Shylla	2014	Professional Footballer, West Jaintia League
Shanbor Jyrwa	2014	Professional Footballer, Shillong League
Rapioki Suting	2015	MLP , Govt Of Meghalaya.
Khalinbor Khongsit	2015	Assam Rifle Football Team.
Samuel J. Kynshi	2016	Professional Footballer, Shillong League, I League
Ronald Gydonl Nonglait	2016	Professional Footballer, Shillong League
Iohborlang Nonglyer	2016	Professional Footballer, Shillong League
Robert Khongjoh	2016	Professional Footballer, Shillong League
Rapbor Marwein	2017	Professional Footballer, Shillong League
Pynbhalang Suting	2017	Professional Footballer, Shillong League
Batskhemn Nongkynrih	2017	Professional Footballer, Shillong League
Bankitbok Nongrum	2017	Professional Footballer, Shillong League
Dameki Khongstia	2017	Professional Footballer, Shillong League
Phrangki Buam	2017	Professional Footballer, Shillong League, I League
Apborlang Kurbah	2018	Professional Footballer, Shillong League
Kitboklang Khyriem	2021- 2022	Professional Footballer, Delhi Football Club

## ROVERS AND RANGERS:

2016	<ul style="list-style-type: none"><li>4 Rovers from the Shillong Rovers: <b>John L. Nongbri, Heiland Sohtun, Rikrak Marak, W. Pohshna</b> and Rangers Team received the prestigious 'Governor's A ward' or Rajya Purashkar Award from the Governor Shri V. Shanmuganathan on the 7th September 2016.</li></ul>
2017	<ul style="list-style-type: none"><li>3 Rovers from the Shillong College: <b>Ralfie Nengnong, Kebinson Thongni, Dafflyne. I. Dkhar</b> Rovers and Rangers Team were selected to represent India in the International Camp in Bangladesh from the 9th - 12th December 2017.</li></ul>
2018	<ul style="list-style-type: none"><li>The Rajya Purashkar or Governor Award was conferred to Rovers and Rangers volunteers of Shillong College: <b>Morningstar Lapasam, Raplem Pohduna, Arbisstar Kharkongor, Joel Neihsiel and Shenroy Mynsong</b> on 31st October 2018.</li></ul>
2019	<ul style="list-style-type: none"><li>"State Commissioner" (Headquarters) was conferred on the Ranger Leader, <b>Mrs. R. Pyngrope</b> from Shillong College on the 22nd February 2019.</li></ul>

## NCC (GIRLS) AWARDS AND RECOGNITION:

2016	<ul style="list-style-type: none"><li>NCC cadets <b>Sylverene, Ibapynhun, Jenny Fricia, Veronica Nongrum, Lateihun, Sumarleng and Lynda Mary</b> were selected as NCC volunteers for the 12th South Asian games.</li><li><b>Lynda Mary</b> has been selected to attend the Advanced Mountaineering Course.</li><li>NCC cadets <b>Aibandaplang Myllemngap, Wandarihun L. Nongpyuir</b> were selected to attend the TSC camp, Delhi in Aug-Sept, 2016.</li><li>NCC cadets <b>Jenny F Paliar, Bashisha Mawrie, Defika Lawriniang</b> were selected to attend the RCTC at Gwalior in Oct, 2016.</li><li>NCC cadets <b>Banribha Nongspung, Phiwanpynkmen Gatphoh, Philadatngen Malniang, Phibashisha Kharmutee, Apsara Kharbuli and Phibashisha Kharmutee</b> were selected to attend the IGC at Silchar in October. <b>Apsara Kharbuli and Phibashisha Kharmutee</b> were selected for the Pre-RD Camp.</li><li>Cadets <b>Lanasha Lawriniang, Cherleen Nongkynrih, Naphidahun Margar</b> attended the NIC at Maihar, Ridalin Papan g, attended the NIC at Silchar while <b>Banribha Nongspung and Wandarihun L. Nongpyuir</b> attended the NIC at Rourkela.</li><li>Cadet Aibandaplang Myllemngap was selected to attend the BLC at Agartala in Oct.</li></ul>
2017	<ul style="list-style-type: none"><li>Cadets <b>Jenny F Paliar, Philadatngen Malngiang</b> were also selected as student Ambassadors of the State at the Swasth Bharat-Swasth Balika programme organised by the Swachh Bharat Cell of Shillong College.</li><li>Cadet <b>Iakmenlang Nongspung</b> was selected to attend the Basic Mountaineering Course at IHM, Darjeeling.</li></ul>
2018	<ul style="list-style-type: none"><li>Cadet <b>Aibandaplang Myllemngap</b> was selected to represent the NER Dte in the Republic Day parade at New Delhi</li><li><b>Aibandaplang Myllemngap</b> was felicitated by 61 Megh (G) NCC Bn as the Best Cadet at the CATC held in Laitkor in July, 2018</li></ul>
2017	<ul style="list-style-type: none"><li><b>Smt Amanda Basaiawmoit, ANO</b>, from Shillong College was felicitated</li></ul>

	by 61 Megh(G) for receiving the DG Commendation for her outstanding contribution at NIC (Maihar),Madhya Pradesh in Dec, 2016 apart from being an outstanding ANO of the Bn.
2020	<ul style="list-style-type: none"> <li>• <b>Ibalarihun L Nongpuir</b> from the 61 MEGH GIRLS BN NCC NER DTE selected to represent her NCC Directorate at the Annual NCC Republic Day Camp at New Delhi from 1<sup>st</sup> January-29<sup>th</sup> January, 2020</li> </ul>
2020	<ul style="list-style-type: none"> <li>• <b>Capt B.P Triparti</b> was felicitated for his excellence performance to help the society during COVID-19 Pandemic at RAJ BHAVAN Meghalaya by Hon'Ble Governor of Meghalaya on the 28<sup>th</sup> November, 2020.</li> </ul>

#### NCC (BOYS) AWARDS AND RECOGNITION:

TITLE OF INNOVATION.	NAME OF THE AWARDEE.	AWARDING AGENCY.	DATE OF AWARD.	CATEGORY.
NIC	Manbha Syiem	61 Girls BN NCC	2011	1 <sup>st</sup> Prize solo singing
Republic Day Camp IMA Dehradun	Defence Basawiamoit	2 MEGH BN NCC	2012	Contingent Commander Selected for IMA Dehradun 1st Prize in Firing and Obstacles
CATC CATC (II)	Phasmon Nongpluh	2 MEGH BN NCC	2012	1st Prize in Debate
CATC CATC (II)	Phasmon Nongpluh	2 MEGH BN NCC	2013	2nd Prize in Cross Country
CATC (I)	Kynsai Nongrum	2 MEGH BN NCC	2013	Best Camp Senior 2nd Prize in Drill and Firing
CATC (I)	Pynshai K. Umnuid	2 MEGH BN NCC	2013	1st Prize in Drill
CATC (I)	Felix B K Dkhar	2 MEGH BN NCC	2013	3rd Prize Quiz
CATC (II) Republic Day Camp	Subham Dey	61 BN NCC Girls	2013	1st Prize in Drill PM Rally
AAC, HV	Leon Shangpliang	41 MEGH BN NCC	2013	2nd Prize in Firing
CATC (II) Republic Day Camp	Subham Dey	41 MEGH BN NCC	2014	1st Prize in Drill PM Rally
Republic Day Camp	Thangzam Gangte	41 MEGH BN NCC	2014	PM Rally
Pre-IGC	Perry B. Lyngwa	41 MEGH BN NCC	12-09-18	1st Prize Drill
Lt. Col. M. Choudary	Diosony Suchiang	NER DTE	29-05-19	Best NER DTE Contingent

Award For NER DT E.				Commander
CATC	Nangiohbok Rymbai	2 MEGH BN NCC	20-05-19	1st Prize Drill
CATC	Ashim Nath	2 MEGH BN NCC	02-08-19	1st Prize Drill
Meghalaya Games	Diosony Suchiang	Meghalaya Sports Association, Shillong	2020	Gold Medalist Boxing
Meghalaya Games	Dennyson Kyrnian	Meghalaya Sports Association, Shillong	2020	Silver Medalist Firing
Republic Day Parade at New Delhi	SGT Lianmuansang Valte	RAJ BHAVAN MEGHALAYA	2022	Felicitated By Hon'Ble Governor of Meghalaya

#### NSS AWARDS AND RECOGNITION:

YEAR	AWARD / RECOGNITION
2015	Four NSS Volunteers from Shillong College who had received the Indira Gandhi NSS National Award for best Volunteers were felicitated by the Government of Meghalaya On the 28th of April 2015 at the 2nd NSS North East Festival held at the University of Science and Technology (USTM), Meghalaya. The Volunteers felicitated were: <b>Palvy Dora Kharkongor</b> for the Year 2010 <b>Wantreki Lyngdoh</b> for the Year 2011 <b>Tara Prasad Upadhyay</b> for the Year 2012 <b>Shaisngi Lyngdoh</b> for the Year 2013
2015	<b>Smt. Amina Marbaniang</b> Programme Officer of NSS Unit of Shillong College was felicitated for her contribution towards Blood Donation by the Meghalaya Aids Control Society (MACS) and State Blood Transfusion Council, Shillong on World Blood Donors Day at a function held on 14th June 2015.
2015	NSS Unit of Shillong College was felicitated for their contribution towards Blood Donation by the Meghalaya Aids Control Society (MACS) and State Blood Transfusion Council, Shillong on National Voluntary Blood Donation Day at a function held on 1st October 2015.
2015	Two NSS Volunteers of the Unit, <b>Smt. Ridawanbha Nongbri</b> and <b>Smt. Sophiana Marwein</b> were conferred with University Level Award for Best Volunteers for the year 2015 on the 24th September 2015 at a function held at NEHU Campus.
2016	Two NSS Volunteers of the Unit, <b>Shri. Robin Nongrum</b> and <b>Smt. Cathleen Kharbyngar</b> And one Programme Officer, <b>Shri. Sojol Kharrymba</b> was conferred with University Level Award for Best Volunteers and University Level Award for best Programme Officer respectively for the year 2016 at a function held at NEHU Campus on the 24th September 2016.
2017	NSS Unit of Shillong College was felicitated for their contribution towards Blood Donation by the Meghalaya Aids Control Society (MACS) on World Blood Donors Day at a function held on 14th June 2017.
2017	NSS Unit of Shillong College and Two NSS Volunteers of the Unit, <b>Smt. Rikyntibashisha Thabah</b> and <b>Shri. Lucky Star Kharrymba</b> was conferred with University Level Award for Best Unit and University Level Award for best



	Volunteers respectively for the year 2017 at a function held at NEHU Campus on the 24th September 2017.
2018	NSS Unit of Shillong College was felicitated for their contribution towards Blood Donation by the Meghalaya Aids Control Society (MACS) on World Blood Donors Day at a function held on 14th June 2018 at a function held at Raj Bhavan.
2018	One NSS Volunteer of the Unit, <b>Shri. Barrister Kharsahnoh</b> was conferred with University Level Award for Best Volunteer for the year 2018 at a function held at NEHU Campus on the 24th September 2016.
2019	NSS Unit of Shillong College was felicitated for their contribution towards Blood Donation by the Meghalaya Aids Control Society (MACS) on World Blood Donors Day at a function held on 14th June 2019.
2019	Volunteers of NSS Unit of Shillong College who participated as Poll Volunteers for the Lok Sabha Elections 2019 were felicitated by the Chief Electoral Officer, Meghalaya at a function held on 21st June 2019.
2019	One NSS Volunteer of the Unit, <b>Shri. H. Samborlang Thabah</b> And one Programme Officer, <b>Smt. Amina Marbaniang</b> was conferred with University Level Award for Best Volunteer and University Level Award for best Programme Officer respectively for the year 2019 at a function held at NEHU Campus on the 24th September 2019.
2021	NSS YUVA YODHA AWARD for Selfless service Awarded to NSS Volunteer, Shillong College, Shillong. <b>Shri Ronnie Richard Khongsni</b> on 24 <sup>th</sup> September, 2021
2022	Best NSS Volunteer at the University Level for the year 2022 Awarded to NSS Volunteer, Shillong College <b>Shri Pyndemlang Lyting</b> on 24 <sup>th</sup> September, 2022