## Programmes organised: 2017

| Name of programme |  | Self Defence Training Programme |  |
| :---: | :---: | :---: | :---: |
| Organised by |  | Women's Cell Shillong College in collaboration with Meghalaya School of Martial Arts, Shillong. |  |
| Date |  | 17 ${ }^{\text {th }}$ August, 2017 |  |
| Venue |  | Conference Hall, Shillong College |  |
| Funded by |  | Shillong College (bills attached) |  |
| Resource person |  | Chief coach Mr Donny Ranee, and four assistant coaches. |  |
| Objective |  | The training aimed at enhancing self confidence and increasing security of girl students. |  |
| Number of participants |  | 44 (list below) |  |
|  | Name |  | Class |
| 1 | Menoma T Sangma |  | $5{ }^{\text {th }}$ Sem BA |
| 2 | Decoryna D Sangma |  | $3{ }^{\text {rd }}$ Sem BA |
| 3 | Terimchi M Marak |  | $3{ }^{\text {rd }}$ Sem BA |
| 4 | PhiwanpynkmenGatphoh |  | $1^{\text {st }}$ Sem BBA |
| 5 | WandariThongni |  | $1{ }^{\text {st }}$ Sem BBA |
| 6 | Naibansabet Lyngdoh |  | $1^{\text {st }}$ Sem BBA |
| 7 | DaphilarisaKhonglam |  | $1^{\text {st }}$ Sem BBA |
| 8 | Liliosa M Kharmalki |  | $3{ }^{\text {rd }}$ Sem BA |
| 9 | Aiuda M Sohshang |  | $3{ }^{\text {rd }}$ Sem BA |
| 10 | Rida Mary Sohshang |  | $3{ }^{\text {rd }}$ Sem BA |
| 11 | NanrupaMawrie |  | $3{ }^{\text {rd }}$ Sem BSc |
| 12 | Gracefully Kharkongor |  | 5 Sem BA |
| 13 | RongjaliMoshari |  | 1 Sem BCA |
| 14 | Heva A Sangma |  | 1 Sem BCA |
| 15 | Sengme A Sangma |  | 1 Sem BCA |
| 16 | BalakyrmenK hongnoh |  | 5 Sem BA |
| 17 | MerialdaSyiemiong |  | 5 Sem BA |
| 18 | MenthwladKhongliam |  | 3 Sem BA |


| 19 | Bajita L Lyngkhoi | 3 Sem BA |
| :--- | :--- | :--- |
| 20 | Mary W Marboh | 3 Sem BA |
| 21 | Philarisa Tang | 5 Sem BA |
| 22 | LashaibansukNonglang | 5 Sem BA |
| 23 | DaphiralinPakyntein | 5 Sem BCom |
| 24 | Pinky N Lyngkhoi | 5 Sem BCom |
| 25 | DeigratiaKharbyngar | 5 Sem BA |
| 26 | Lolabimai Pala | 5 Sem BA |
| 27 | Sheba Dkhar | 5 Sem BA |
| 28 | ElisnoraKhongsdier | 3 Sem BSc |
| 29 | Sonam Singh | 3 Sem BA |
| 30 | RikyntiNongsiej | 3 Sem BA |
| 31 | Nika Emi Dkhar | 1 Sem BCA |
| A | PhindarishaMawrie | 1 Sem BCA |
| 33 | KynjailangLytep | 1 Sem BCA |
| 34 | KabitaYobin | 1 Sem BA |
| 35 | Glory Lotha | 1 Sem BA |
| 36 | BalajoplutNongdhar | 1 Sem BA |
| 37 | Roshli Lisu | 1 Sem BA |
| 38 | LarishaKharsati | XI Arts |
| 39 | Anisha Basaawmoit | XI Arts |
| 40 | BanishaSawkmie | XI Com |
| 41 | Nabada K Munai | XII Com Arts |
| 42 | JubanDahunMarbaniang |  |
| 43 | EvashishaLyngkhoi | XbakordorKharphuli |
| 44 | Iba |  |
|  |  |  |
|  |  |  |



## CASH EMOS etc



