



**Report on the SC Dutta Memorial Lecture organized by the Education  
Department  
22nd November 2021**

For the SC Dutta Memorial Lecture, the Education Department of Shillong College organised a program on the 22nd of November 2021 on the topic 'Accessing Inner Resources in Crisis Moments'.


The resource person for this program was Fr George Palamattathil, SDB Founder Director of Siloam, Centre for Transformative Leadership.

The programme started with a welcome speech from Dr. H.Iangrai( Head of Education Department), followed by a speech from the Principal, Dr. E. Kharkongor.

In his lecture, Fr George talked about the need and importance of drawing strength from within ourselves during times of crisis. He mentioned the covid situation which has really affected us all and how during this crisis we realised that there are a lot of things that are superficial which we can do without, while what is important is about what is within us. How many people have coped with the Covid crisis by drawing strength from within themselves and those God given inner resources that have helped people to survive and to come out of the crisis stronger. Further, the resource person, also stressed on the importance of being hopeful, kind, loving, caring and to do the best that we can in times of crisis in order to help others. These are the qualities that we should hold onto and that will help us and support us in times of crisis.

The programme was attended by 75 ( Seventy-five) participants.

The programme concluded with the vote of thanks given by Ms B.M.L.Wanswett , Assistant Professor , Education Department.



# S. C. DUTTA MEMORIAL LECTURE

AN INTERACTIVE SESSION  
ON  
**"ACCESSING INNER RESOURCES DURING CRISIS MOMENTS"**

RESOURCE PERSON  
**FR GEORGE PALAMATTAM, SDB**  
FOUNDER DIRECTOR SILOAM  
CENTRE FOR TRANSFORMATIVE LEADERSHIP, SHILLONG

ORGANISED BY  
DEPTT OF EDUCATION, SHILLONG COLLEGE

TIME  
10.30AM

DATE  
22<sup>ND</sup> NOVEMBER 2021



SHILLONG COLLEGE

*Assesed and Re-Accredited by NAAC as Grade A (3.06)*

**PROGRAMME**  
*S.C. Dutta Memorial Lecture*  
*An Interactive Session*  
*on the theme*  
*"Accessing Inner Resources during Crisis Moments"*

10.30AM- Welcome Address by Dr. H.langrai, Head Deptt. of Education

10-35AM - Speech by Dr (Mrs) E. Kharkongor, Principal, Shillong College, Shillong

10.45 AM- Talk and Interactive Session- Resource Person  
Fr. (Dr) George Palamattam, SDB,  
Clinical Psychologist and Director of Siloam,  
Centre for Transformational Leadership, Umiam.

12.05PM- Vote of Thanks by Smti. B.Wanswett, Faculty, Deptt. of Education

Refreshment



