

Year	Name of the award/ medal	Team / Individual	University/State/National/ International	Sports/ Cultural	Name of the student	Link
8 th May 2023	2 nd Prize in Craft Making Competition	Individual	Inter-College	Inter-College Competition Indian Youth Red Cross Society	Miss Diammon I. Surong, YRC	Report
12 th of July, 2023	Third Best Speaker	Individual	Inter-College	Inter-College Debate- on Uniform Civil Code	KT Johnclinton, Political Science Honours	Report
17 th -18 th July 2023	Bronze Medal	Individual	National	Indian open 2023 international karate championship 2023. Held at Talkatora Stadium New Delhi	CARENE SOHIONG, BA 1st Sem, Hons :- English	Report
17 th -18 th July 2023	Bronze Medal	Individual	National	Indian open 2023 international karate championship 2023. Held at Talkatora Stadium New Delhi	DURKA PADIT, BA 3rd Sem, Roll no :- AENG2022028, Hons :- English	Report
17th to 19th August 2023	2 nd Position	Individual	State Level	BFI East Zone Mens Elite Boxing	Balnas Sangma, Political Science Honours	Report
17 th -19 th August 2023	First Place	Individual	Inter-College	11 th Inter-College Karate Championship	Ialam Phang Kharkongor, Chemistry Department	Report
16 th -19 th August 2023	3 rd Place	Team	Regional	North East Zone, Interstate Badminton Championship 2023.	1. Dai Weshi, Class:BA 1st SEMESTER, Hons: History. 2. Robin Laa, Class: BA 1st semester, Hons:Sociology	Report
16 th -19 th August 2023	Bronze Medal	Individual	Regional	North East Zone, Interstate Badminton Championship 2023	Elsarica UMDOR, Roll No:A2128546, Class: BA 5sems, Hons: English	Report
15 th September 2023	Second Position	Individual	Inter-College	Presentation on Emerging trends in Computer Science and IT	Constantine. S. Kharsyntiew, Computer Science Department	Report
17 th -19 th August 2023	Runner up			11th Inter college Karate tournament, held at SAI NEHU	1. CARENE SOHIONG, BA 1st Sem, Hons :- English. 2. CARINIA RAPHAP, BA 3rd Sem, Roll no :- ASOC2022013, Hons;- Sociology. 3. IALAMPANG KHARKONGOR, BSC 3rd Sem, Roll no;-SCHE2022037, Hons;- Chemistry 4. DAKAPAIA KHAPRAN, BA 3rd Sem, Roll no:- AENG2022022, Hons;- English, 5. SAMKHIH LAMO, BA 3rd Sem, Roll no :- AEDU2022066, Hons;- Education	Report
25 th September-1 st October, 2023	1. 1 st runner's up in the inter-college quiz competition, 2. Best speaker against the motion in debate	1. Team, 2. Individual	Inter-College	Euphoria 2023, Annual College Festival of NEIGRIHMS	1. Winnerlift Malyngiang and Sdangwanphang Lyngdoh Nongbri (Quiz). Pynhiammiki Ryngksai (Debate)	Report
25 th September-1 st October, 2023	Best Attire	Individual	Inter-College	Euphoria 2023, Annual College Festival of NEIGRIHMS	Bala Aihun Sohlang, Microbiology Department	Report
4 th October, 2023	1st Prize in Poster Making Competition	Individual	Inter-college	Inter-College Poster Presentation Competition	Kynsaibor Thabah, Zoology Department	Report
4 th October, 2023	1st Prize in Poster Making Competition	Individual	Inter-college	Inter-College Poster Presentation Competition	Banshaikupar Rymbai, Zoology Department	Report
5 th October 2023	2 nd Position	Individual	Inter-College	Poster Making Competition on the Theme "Me as a partner for Wildlife Conservation"	Ibamanbha Syiemlieh, Zoology Department	Report
5 th October 2023	2 nd Position in Poster Making Competition	Individual	Inter-College	Poster Making Competition on the Theme "Me as a partner for Wildlife Conservation"	Daphipyndaphun Sohtun, Zoology Department	Report
11 th -12 th October 2023	2 nd Position	Individual	Inter-College	Youth Exchange Programme 2023	Nambha Pohrmen, Environmental Science Department	Report
7 th November, 2023	Best Speaker	Individual	Inter-College	Inter- College Quiz	Bashai Matti Lyngdoh Nongbri, NSS	Report
2023	Winner Inter-College Football Tournament	Team	Inter-College	Inter-College Football Tournament		Report
2023-24	Silver	Individual	Inter-College	Nehu Inter-College Athletic Championship 2023-24	Bicky Pathaw, Political Science Department	Report
2023-24	Gold	Individual	Inter-College	Nehu Inter-College Athletic Championship 2023-24	Donbok Shabong, BA1st semester, Department: sociology, Soc2023027	Report
2023-24	Bronze	Individual	Inter-College	Nehu Inter-College Athletic Championship 2023-24	Wanteilang Lyngdoh, Bcom5th semester, Roll no: C2100926	Report
2023-24	Bronze	Individual	Inter-College	Nehu Inter-College Athletic Championship 2023-24	Repol Dkhar, Education Department	Report
2023-24	Silver	Individual	Inter-College	Nehu Inter-College Athletic Championship 2023-24	Kyrshanlang Shylla, BA 3rd semester, Department: Education, Roll no: A2228072	Report

2023-24	Gold	Individual	Inter-College	Nehu Inter-College Athletic Championship 2023-24	Gloryfy Kurbah, Class - BA 6 semester, Department - education, Roll no - A2028076	Report
2023-24	Silver	Individual	Inter-College	Nehu Inter-College Athletic Championship 2023-24	Ritina Hanse, BA 1 st semester, Roll no : ENG2023074, Department: English	Report
2023-24	Runner up	Mens Team	Inter-College	Nehu Inter-College Cross Country Championship 2023-24	Mens Team Shillong College	Report
2023-24	Champion	Womens Team	Inter-College	Nehu Inter-College Cross Country Championship 2023-24	Womens Team	Report
2023-24	Champion	Mens Team	Inter-College	Nehu Inter-College Basketball Championship 2023-24		Report
2023-24	Runners up	Womens Team	Inter-College	Nehu Inter-College Basketball Championship 2023-24		Report
2023-24	Player of the Match	Team	Inter-College	Reliance Foundation Youth Sports Football	Tremiki Lamurong, Education Department	Report
31 st January, 2024	One of the top National writers of India.	Individual	National	Literary Inkfest Writing event	Bynraplang Hujon, Economics Department	Report
15th to 29th January 2024	Gold Medal	Individual	State	Boxing Competition, Meghalaya Games	Balnas Sangma, Political Science Honours	Reort
15 th -20 th January 2024	Silver Medal	Individual	State	Karate-Do, Meghalaya Games	Ialam Phang Kharkongor, Chemistry Department	Report
15 th -20 th January 2024	Gold Medal	Individual	State	Athletics, Meghalaya Games	Kyrshanlang Shylla, Education Department	Report
15 th -20 th January 2024	Gold Medal	Individual	State	Wrestling, Meghalaya Games	Ebiangmi Langstang, Education Department	Report
15 th -20 th January 2024	Silver	Individual	State	Arm wrestling, Meghalaya Games	LARITYNGKAI LAWRINIANG, BA 2 SEMESTER, SOCIOLOGY .	Report
3 rd -4 th February 2024	First Place/Gold Medal	Individual	National	All India Seikokai Karate Championship	Ialam Phang Kharkongor, Chemistry Department	Report
29 th February 2024	3 rd Prize	Individual	Inter-College	Research Poster Competition, National Science Day 2024	Phindarikynti Khongphai, Environmental Science Department	Report
29 th February 2024	2 nd Prize	Individual	Inter-College	Research Poster Competition, National Science Day 2024	Karmes Khongsngi, Environmental Science Department	Report
18 th -23 rd March 2024	Bronze Medal	Team	Regional	4X100 Relay Event, North East Games, Nagaland	Repol Dkhar, Education Department	Report
18 th -23 rd March 2024	Gold Medal	Team	Regional	4X400 Relay Event, North East Games, Nagaland	Repol Dkhar, Education Department	Report
18 th -23 rd March 2024	Bronze Medal	Team	Regional	4X400 Mixed Relay Event, North East Games, Nagaland	Repol Dkhar, Education Department	Report
18 th -23 rd March 2024	Gold Medal	Team	Regional	4X400 Relay Event, North East Games, Nagaland	Donbok Shabong, Sociology Department	Report
18 th -23 rd March 2024	Bronze Medal	Team	Regional	4X400 Mixed Relay Event, North East Games, Nagaland	Donbok Shabong, Sociology Department	Report
18 th -23 rd March 2024	Gold Medal	Team	Regional	4X400 Relay Event, North East Games, Nagaland	Kyrshan Shylla, Education Department	Report
18 th -23 rd March 2024	Bronze Medal	Team	Regional	4X400 Mixed Relay Event, North East Games, Nagaland	Kyrshan Shylla, Education Department	Report
18 th -23 rd March 2024	Silver Medal	Individual	Regional	Athletics, North East Games, Nagaland	Repol Dkhar, Education Department	Report
18 th -23 rd March 2024	Silver Medal	Individual	Regional	Athletics, North East Games, Nagaland	Ritina Hanse, English department	Report
18 th -23 rd March 2024	Bronze Medal	Team	Regional	4X400 Mixed Relay Event, North East Games, Nagaland	Ritina Hanse, English Department	Report
18 th -23 rd March 2024	Bronze Medal	Individual	Regional	Athletics, North East Games, Nagaland	Gloryfy Kurbah, Education Department	Report
18 th -23 rd March 2024	Bronze Medal	Team	Regional	4X400 Mixed Relay Event, North East Games, Nagaland	Gloryfy Kurbah, Education Department	Report
18 th -23 rd March 2024	Silver Medal in the Recurve Women Team event.	Team	Regional	Archery, North East Games, Nagaland	Amanda shisha pasi, Philosophy Department	Report
18 th -23 rd March 2024	Silver Medal in the Recurve Women Team event.	Team	Regional	Archery, North East Games, Nagaland	NAKIBANSHARAI KHONGHAT, CLASS-BA 1ST SEMESTER, ROLL NO-ENG2023060, ENGLISH	Report
18 th -23 rd March 2024	Silver Medal in the Recurve Women Team event.	Team	Regional	Archery, North East Games, Nagaland	DAPHISHISHA JAMU, CLASS-BA 1ST SEMESTER, ROLL NO -EDU2023020, EDUCATION	Report
18 th -23 rd March 2024	Bronze Medal	Team	Regional	Table Tennis, North East Games, Nagaland	1. Badaaihun Diengdoh, Class - BA 4th semester, Roll no - A2228137, Honours - Education. 2. Wanpyntngenang Lyngdoh, Class: BA. 6th semester, Roll number: A2128619, Honours: English	Report
27 th -28 th April 2024	Silver Medal	Individual	National	All India Karate Championship	Ialam Phang Kharkongor, Chemistry Department	Report
20 th -24 th June 2024	1 st Position	Individual	National	All India Inter SAI Judo Tournament 2024	Gegul Goi, History Department	Report

11 th July 2024	Most Promising Speaker	Individual	Inter college	Debate Competition, World Population Day	Samborlang Pde, Khasi Department	Report
18 th -20 th July 2024	Champion	Team	Inter college	Inter Collegiate Badminton (Men) 2023-24 organized by North Eastern Hills University from 18 th -20 th July, 2023 held at Indoor Stadium, NEHU Campus.	1. Dai Weshi, Class:BA 1st SEMESTER, Hons: History. 2. Robin Laa, Class:BA 1stsemester, Hons:Sociology. 3. Lawanbiang wanniang, Roll No:A2128242, Class:BA 5thsemester, Hons:Sociology. 4. Kenan jomaia Rani, Rollno-BCA2021048, Class- 5 semester, Honours- BCA. 5. Jordan Alistair Myrphet, Roll no- BCA2023045, Class-BCA 1st semester Section B, Honours-BCA. 6. F.Lalrinmawia, Rollno. - A2028178, Class- 6th semester, Honours- History. 7. Jopstarlin Wanniang, Roll No-A2128494, Class -B.A 5th Semester, Hons-Hindi	Report
18 th -20 th July 2024	Runner-up	Team	Inter-College	Inter Collegiate Badminton (Men) 2023-24 organized by North Eastern Hills University from 18 th -20 th July, 2023 held at Indoor Stadium, NEHU Campus.	1. Elsarica UMDOR, Roll No:A2128546, Class: BA 5sems, Hons: English 2. Cathriene Laboure Lyngdoh, Roll no- A2228614, Class-BA 3semester, Honours-Sociology 3. Catheresa Lyngdoh, Roll no- A2228615, Class- BA 3 semester, Honours-Sociology 4. Sanibha Suting, Class-BA 3rd semester,	Report
18 th -20 th July 2024	Champion	Team	Inter College	Inter Collegiate Table Tennis (Women) 2023-24 organized by North Eastern Hills University from 18 th -20 th July, 2023 held at Indoor Stadium, NEHU Campus.	1. Roll.no- A2228637, Honours-Sociology, Roll number- A2128619, Class- BA 5th semester, Hons- English 2. Badaaihun Diengdoh, Roll no- AEDU2022004, Class- BA 3th semester, Hons- Education 3. Larisa Nongdhar, Class-BA 1st semester, Hons-khasi 4. Mynjurlang S Nongdhar, Class: B.A 5th semester, Roll no: A2128607, Hons : English	Report